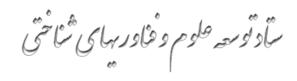
# Cognitive Sciences and Technologies Council





# عنوان طرح

# کاربرد مداخلات مبتنی بر آموزش شناختی (Cognitive Training) در اختلال طیف اتیسم کاربرد مداخلات مبتنی بر آموزش شناختی ایک مطالعهٔ مروری منظم

مجری طرح: دکتر مهدی تهرانی دوست

همکاران اصلی: دکتر زهرا شهریور، دکتر هادی زرافشان، دکتر سارا سردشتی، دکتر نسرین دودانگی

> به سفارش ستاد توسعهٔ علوم و فناوریهای شناختی

> > زمستان ۱۳۹۸

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# معرفی و خلاصه مراحل اجرای طرح

عنوان طرح به فارسی: مطالعه مروری روشها و ابزارهای درمان و توان بخشی عصب شناختی در اختلالات طیف اوتیسم کودکان و نوجوانان

# عنوان طرح به انگلیسی:

Literature review of neurocognitive intervention and rehabilitation methods and tools in children and adolescents with autism spectrum disorder

# خلاصه دقیق طرح (فارسی، حداکثر ۳۰۰ کلمه)

به منظور بررسی متون موجود مرتبط با انواع روشها و ابزارهای درمان و توان بخشی عصب شناختی به کار رفته در اختلال طیف اوتیسم، مطالعه مروری با استفاده از بانکهای اطلاعاتی معتبر انجام شد و نتایج به دست آمده بر اساس انواع ویژگیهای سنجشی روشها و ابزارها طبقهبندی شد.

# خلاصه دقیق طرح (انگلیسی، حداکثر ۳۰۰ کلمه)

To investigate the existing literature on different tools and methods of neurocognitive intervention and rehabilitation being used in autism spectrum disorder, we will review databases. The results will be categorized based on metric characteristics of the tools and methods.

کلمات کلیدی و تخصصی طرح (فارسی حداکثر ۵ کلمه) طیف اوتیسم، درمان و توانبخشی عصب شناختی، ابزار، کودکان و نوجوانان

# کلمات کلیدی و تخصصی طرح (انگلیسی حداکثر ۵ کلمه)

Autism spectrum, Neurocognitive Intervention and Rehabilitation, Tool, Children and Adolescents

مطالعهٔ حاضر با هدف تهیه فهرست و مشخصات انواع روشها و ابزارهای مورد استفاده در درمان و توانبخشی عصب شناختی اختلال طیف اوتیسم و طبقه بندی این روشها و ابزارها از نظر کارکرد مورد هدف، ویژگیهای تکنیکی، شکل اجرا، جمعیت هدف، اثربخشی، قابلیت اجرا، و هزینه – اثربخشی انجام شد. با توجه به اهداف تعیین شده برای مطالعه مروری و مراحل اجرای طرح طبق پروپوزال ارائه شده، اقدامات انجام گرفته به شرح زیر است:

# مرحله شماره 1:

نظر خواهی از صاحب نظران حوزه درمان و توانبخشی شناختی اختلالات طیف اوتیسم، جمع بندی و نتیجه گیری اطلاعات به دست آمده جهت تعیین نقشه راه اجرای مرور سیستماتیک

جهت انجام این مرحله طی جلساتی از صاحب نظران حیطه درمان و توانبخشی شناختی اوتیسم دعوت به عمل آمد و در مورد حیطههای مختلف شناختی در توانبخشی طیف اوتیسم تبادل نظر صورت گرفت و حیطههای شناختی بر اساس اهمیت و تکرار در متون و مجامع معتبر علمی، جهت بررسی در این مطالعه تعیین گردید. همچنین با توجه به وسعت مقالات مرتبط با حیطههای مذکور، نقشه راه اجرای مرور سیستماتیک تدوین شد. مرحلهٔ دوم طرح معطوف به این نقشه توضیح داده می شود.

# مرحله شماره ۲:

بررسی ادبیات علمی مرتبط با کاربرد ابزارها و روشهای درمان و توانبخشی عصب شناختی اختلالات طیف اوتیسم (مشتمل بر Cognitive بررسی ادبیات علمی مرتبط با کاربرد ابزارها و روشهای درمان و توانبخشی عصب شناختی اختلالات طیف اوتیسم (مشتمل بر Rehabilitation in Autism, Cognitive Treatment in Autism)

پس از جستجوهای اولیه با کلید واژههای عمومی در دو مرحله مقالات مرور سیستماتیک و متاآنالیزها و سپس بخشی از مقالات غیر مروری شامل مقالات تجربی و مداخلهای استخراج و بررسی شدند. بر اساس یافتههای این مرور اولیه در مورد چهارچوب و استراتژی ادامهٔ جستجوی آنلاین بحث و تبادل نظر صورت گرفت. سه پایگاه داده شامل ISI Web of Science, MEDLINE, Scopus انتخاب و طی چند جلسه کلمات مورد نظر جهت جستجوی آنلاین به شرح ذیل در سه دسته نهایی شدند:

- o Autism, Pervasive Developmental Disorder, PDD, ASD, Autistic, Asperger;
- o Intervention, Treatment, Therapy, Training, Education, Rehabilitation, Virtual, Augmented, Robotic, Transcranial, EEG, MRI, DTI, ERP, PET, SPECT, MRS, modeling, computational;
- Cognition, Emotion, Face, Perception, Recognition, Theory of Mind, Attention, Executive Function, Intelligence, Learning, Shifting, Switching, Memory, Inhibition, Flexibility, Visual, Eye Tracking, Planning, Gaze.

بر اساس فرمت جستجوی هر یک از پایگاههای داده، جستجو برای کلید واژههای مذکور از ابتدای سال ۱۹۷۰ لغایت ۲۰۱۷ صورت گرفت. مقالات مورد نظر استخراج و به ترتیب به نرم افزار مدیریت منابع اندنوت Export شدند. مقالات تکراری در نرم افزار حذف شد. درطی چند نوبت غربالگری و جلسات متعدد بین اعضا تیم تحقیق جهت یکسان سازی روند انتخاب مقالات بر اساس عنوان و چکیده، مقالات باقیمانده شامل مقالات مربوط به درمان و توانبخشی عصب شناختی در طیف اوتیسم جهت استخراج داده از Full Text تعیین شده و در اختیار اعضا گروه قرار گرفتند.

معیارهای اصلی جهت انتخاب مقالات شامل موارد زیر بود:

- سن نمونههای مورد بررسی از ۰ تا ۱۸ سال باشد.
- کل گروه یا بخشی از گروه نمونه پژوهش بر اساس بهترین تخمین بالینی مبتلا به اختلال اوتیستیک، آسپرگر، اختلال نافذ رشد، اوتیسم، اختلال طیف اوتیسم، اختلال به صورت دیگر مشخص نشده (NOS) تشخیص داده شده باشند.
- ک طراحی مطالعه شامل مداخلات مرتبط با تقویت نظریه ذهن، مهارتهای اجرایی، شناخت هیجان، توانمندیهای عصب شناختی زبان، ... مانند داستانهای اجتماعی، آموزش شناختی (تقویت حافظه کاری و توجه)، تصویرهای ثابت و متحرک، باشد.

# مرحله شماره ۳:

# استخراج اطلاعات از مقالات به دست آمده

در این مرحله، چهارچوب خاصی جهت استخراج اطلاعات از متون کامل مقالات مداخلهای مربوط به درمان و توانبخشی عصب شناختی اوتیسم طی چند جلسه طراحی شده و بعد از پایلوت بر روی تعدادی از مقالات موجود به تصویب نهایی رسید. براین اساس برای هریک از مقالات اصلی (Original Article) اطلاعات مورد نظر شامل ۲۷ آیتم در نرم افزار اکسل ثبت می گردد. این آیتمها شامل موارد زیر بودهاند:

عنوان مقاله، نام نویسنده اول، سال چاپ، مجلهٔ محل چاپ، نوع مقاله .(Single Case Experiment, Randomized Clinical Trial, Non-Randomized Trial, etc.)، وضعیت کورسازی در مطالعه (چاپ، نوع طراحی مطالعه (چاپ، نوع گروه کنترل در مداخلات دو بازویی (پلاسبو، کنترل سالم، غیره)، نام مداخلهٔ اصلی مورد بررسی، حیطهٔ شناختی (دو سوکور، یکسو کور، بدون کورسازی)، نوع گروه کنترل در مداخلات دو بازویی (پلاسبو، کنترل سالم، غیره)، نام مداخلهٔ اصلی مورد بررسی، حیطهٔ شناختی اصلی مورد بررسی و توانبخشی، نوع مداخله (کامپیوتری، دستی، غیره) ، نتایج حاصل از هر یک از مداخلات انجام شده، سایز اثر (Effect Size)، معیارهای ورود و خروج شرکت کنندگان گروههای مداخله و کنترل، تعداد آیتمهای مورد بررسی در ابزار یا مداخله، مدت انجام تست و مداخله، زبان مورد نیاز برای استفاده از ابزار و مداخله، قابلیت ترجمه یا بومی سازی، هزینهٔ تهیهٔ ابزارها و قابلیت دسترسی آنها، نتایج کلی روش مداخله، توانبخشی یا درمان عصب شناختی.

### پیشینه

### توضيح اختلال

اختلال طیف اتیسم یکی از اختلالهای عصبی-تکاملی است که با نقص در مهارتهای ارتباطی اجتماعی و علاقهمندیها و رفتارهای محدود و تکراری مشخص میشود [۱]. بر اساس ویراست پنجم راهنمای تشخیصی و آماری اختلالات روانپزشکی (5-DSM) شیوع جهانی اتیسم ۱ درصد میباشد [۱]، اما بررسیهای جدیدتر نشان میدهند شیوع این اختلال در برخی از کشورها در حدود ۱ در ۶۸ گزارش شده است [۲].

علی رغم اینکه اتیسم با نشانههای رفتاری تعریف می شود، اعتقاد بر این است که این نشانهها بازتاب وجود نقایص ا تفاوتها در عملکردهای عصب شناختی زیربنایی هستند [۳]. دسته بندی های مختلفی از عملکردهای عصب شناختی و جود دارد که از آن جمله می توان به دسته بندی ویراست پنجم راهنمای تشخیصی و آماری اختلالات روانپزشکی (5-DSM) اشاره کرد [۴]. براساس این دسته بندی عملکردهای عصب شناختی به شش حوزهٔ کلی توجه (شامل توجه پایدار، توجه انتخابی، توجه تقسیم شده و سرعت پردازش)، کارکردهای اجرایی (شامل برنامه ریزی، تصمیم گیری، حافظه کاری، پاسخ به بازخورد، بازداری و انعطاف پذیری)، حافظه و یادگیری (شامل یادآوری آزاد، یادآوری هدایت شده، حافظه بازشناسی، حافظه ی بلند مدت معنایی و خود زندگی نامه ای و یادگیری درونی)، زبان (شامل نامیدن اشیاء، یافتن واژگان، روانی، دستور زبان و نحو و زبان دریافتی)، ادراکی – حرکتی (شامل ادراک بینایی، استدلال دیداری – فضایی، هماهنگی ادراکی – حرکتی (شامل ادراک بینایی، استدلال دیداری – فضایی، هماهنگی ادراکی – حرکتی) و شناخت اجتماعی (شامل شناخت هیجانات، نظریه ذهن و بینش) تقسیم می شوند [۴].

#### توضيح مداخله

با توجه به اهمیت نارساییهای شناختی در تبیین علائم اصلی و اختلالات همبود اتیسم، مداخله بر روی این حوزهها در سالهای اخیر مورد تأکید بیشتری قرار گرفته است و مطالعات مختلفی به بررسی اثربخشی این گروه از مداخلات پرداختهاند. این مداخلات براساس چهارچوب مفهومی مورد استفاده خود فرایندهای مداخله و حوزههای مختلفی را مورد تاکید قرار دادهاند. فرآیندها و پروتکلهای مداخله در برخی از مطالعات بیشتر جنبه ی رفتاری داشته و در برخی دیگر جنبهٔ شناختی. برخی از این مداخلات بیشتر بر در موقعیتهای آزمایشگاهی اجرا شده و برخی دیگر در محیطهای واقعی. نظریهٔ ذهن وکارکردهای اجرایی دو حوزهٔ اصلی مورد تمرکز این مطالعات هستند.

با توجه به گستردگی و تنوع مطالعات صورت گرفته در این حوزه، چند مطالعه یمروری نظام مند با هدف جمع بندی و ارائهٔ تصویری روشن و مبتنی بر شواهد از اثر بخشی این مداخلات در حوزه اتیسم انجام شده است. در یک مطالعهٔ مروری که به بررسی مداخلات شناختی مبتنی بر نظریه ذهن در حوزه اتیسم پرداخته است، در مجموع ۲۲ مقالهٔ کار آزمایی بالینی با نمونه ای به حجم ۶۹۵ نفر ارزیابی شدند [۹]. این مطالعات از نظر حجم نمونه، سن شرکت کنندگان، نوع ارائهٔ مداخله و خروجیهای مورد بررسی از تنوع زیادی برخوردار بوده اند. مطالعات بسیار اندکی بوده اند که در آنها کورسازی شرکت کنندگان و پرسنل به خوبی انجام گرفته بود و برخی از مطالعات ریسک بسیار بالایی در زمینهٔ کورسازی ارزیابها در مطالعه بوده اند. بسیاری از مطالعات پیامدهایی را گزارش کرده بودند که وابسته به روش مداخله بوده اند (مانند بازشناسی چهره). تنوع مقیاسهای ارزیابی مورد استفاده در هر دسته از پیامدها و نتایج آمیختهٔ به دست آمده از این مقیاسها پیچیدگی بیشتری در راه تفسیر نتایج ایجاد می کنند.

<sup>2</sup> Configural Processing

<sup>&</sup>lt;sup>1</sup> Featural Processing

مطالعات بر اساس هدف مداخله/پیامد مورد اندازه گیری اصلی به چهار طبقهٔ اصلی دسته بندی شدند که عبار تند از: بازشناسی هیجان ا توجه مشترک و ارتباط اجتماعی آ تقلید و آموزش مستقیم نظریه ذهن. براساس نتایج به دست آمده از ۳ مطالعه سطح کیفی شواهد درباره تاثیر مثبت بر مقیاسهای ارتباطی بسیار پایین بود. پایین بود. بر اساس ۱۱ مطالعه که نتایج مختلفی از مداخلات انجام شده بر روی مقیاسهای تعامل اجتماعی گزارش کرده اند سطح کیفی شواهد بسیار پایین بود و همچنین شواهد به دست بر اساس چهار مطالعه که نتایج متضادی در زمینه مقیاسهای ارتباط عمومی گزارش کرده اند سطح کیفی شواهد بسیار پایینی برخوردار هستند.

نتیجه انجام فرا تحلیل بر روی مطالعاتی که امکان استفاده از آنها وجود داشت نشان می دهد مداخلاتی که بازشناسی هیجان را در میان افراد دارای توانایی هوشی متوسط در سنین مختلف هدف قرار دادهاند تأثیر مثبتی بر مهارت هدف داشته اند که از طریق یک آزمون حامل تصاویر چهره سنجیده شده است Mean Increase of 0.75 Points, 95% Confidence Interval (CI) 0.22 to 1.29 Points, Z=2.75, P<0.006, Four Studies, ) (N=105). همچنین مداخلات درمانگر محور انجام شده بر روی توجه مشترک می تواند منجر به افزایش تولید رفتارهای توجه مشترک در تعامل بین کودک و بزرگسال شوند (Mean Increase of 0.55 Points, 95% CI 0.11 to 0.99 Points, Z=2.45, Pvalue=0.01, Two Studies, N=88). بررسی بیشتر تاحدی باعث تضعیف این نتیجه گیری می شود، زیرا نشان می دهد هنگامی که سنجش با استفاده از ابزارهای استاندارد صورت می گیرد شواهد (وشنی دال بر تأثیر مثبت بر آغازگری در توجه مشترک وجود ندارد (Pvalue=0.53, Three Studies, N=92).

یک مطالعهٔ مروری دیگر به بررسی تعمیمپذیری نتایج مداخلات انجام شده در زمینهٔ بازشناسی هیجان پرداخته شده است [۱۰]. در این مطالعه تعمیمپذیری یافتهها به سایر موقعیتها، جمعیتها، محیطها، روشهای ارائهٔ مداخله و انواع مداخله مورد تأکید قرار گرفته است. ۱۳ مقاله کارآزمایی بالینی واجد شرایط وارد مطالعه شده که اکثر شرکت کنندگان پسرهای دارای تشخیص اتیسم با بهرهٔ هوشی بالاتر از ۷۰ در دامنه سنی ۴ تا ۱۸ سال بودند. نوع مداخلات و پیامدهای مورد بررسی بسیار متنوع بودند. مطالعات مختلف نشان دهندهٔ اثربخشی مداخلات مبتنی بر بازشناسی هیجان هستند اما میزان تعمیم این یادگیریها به محیطهای واقعی کاملاً نامشخص است.

# مكانيزم احتمالي اثر كذاري مداخله

آموزش شناختی یکی از زیر مجموعههای مداخلههای رفتاری است که به منظور ارتقاء عملکرد شناختی صورت می گیرد و که شامل روشهای دیگری مانند فعالیت فیزیکی، تمرین تفکر مبتنی بر ذهن آگاهی و رویکردهای دیگر نیز می شود. آموزش شناختی در روان پزشکی از رویکردهای مختلف (مداد و کاغذ، تمرینهای مبتنی بر کامپیوتر یا تمرینهای رفتاری هدایت شده) به منظور ارتقاء شناختی و بهینه سازی سلامت در اختلالات روان پزشکی استفاده می کند. آموزش شناختی مداخلهای است که از رویدادهای یادگیری اجتماعی هیجانی یا شناختی دارای طراحی خاص و محدودیتهای رفتاری که به شیوه ای قابل اندازه گیری و باز تولید ارائه می شوند، استفاده کرده تا به شکل بالقوه عملکردهای سیستم عصبی را ارتقاء دهد. هدف نهایی از آموزش شناختی هدف قرار دادن مکانیزمهای عصبی شناخته شده ی نارساییهای رفتاری به منظور ایجاد تغییرات بالینی است.

هدف از آموزش شناختی ایجاد یادگیری و تغییرات سازگارانه در انعطافپذیری عصبی سیستمهای بازنمودی عصبی یک فرد به واسطهٔ رویدادهای یادگیری با مشخصات خاص، کنترل شده و با مشخصات خاص که در آموزش شناختی ارائه میشوند با رویکردهای نسبتا بدون ساختار، کنترل نشده و غیر قابل پیشنی در یادگیری متفاوت هستند، برای مثال روشهایی که با رفتار درمانی شناختی مرتبط هستند یا از خودآموزهای کامپیوتری روانی-آموزشی استفاده می کنند.

# اهميت انجام اين مطالعة مروري

علیرغم تلاشهای صورت گرفته، شواهد موجود در زمینهٔ اثربخشی مداخلات مبتنی بر آموزش و توانبخشی شناختی ناهمسان بوده و این مسأله تا حد زیادی به دلیل تفاوتهای روش شناختی در مطالعات صورت گرفته میباشد. با توجه به اهمیت این مسأله، گروهی متشکل از متخصصین حوزهٔ آموزش شناختی توسط مؤسسهٔ ملی سلامت روان (National Institute of Mental Health) شکل گرفته و به بررسی سطح شواهد موجود در زمینهٔ اثربخشی رویکردهای

<sup>3</sup> Imitation

<sup>&</sup>lt;sup>1</sup> Emotion Recognition

<sup>&</sup>lt;sup>2</sup> Joint Attention and Social Communication

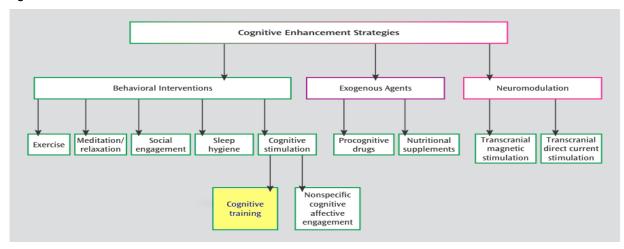
فعلی مداخلات شناختی در حوزه ی سلامت روان پرداختهاند تا چالشها و نارساییهای موجود در پژوهشهای این حوزه و کاربست نتایج آن در موقعیتهای بالینی را شناسایی کنند [۱۱]. این کارگروه در غالب یک کار مروری به ارائهٔ تعاریف، اهداف و کاربرد آموزش شناختی و همچنین راهنمایی جهت طراحی، اجرا و بررسی مروری مداخلات حوزهٔ آموزش شناختی پرداختهاند (نمودار ۱ و جدول ۱).

با توجه به ناهمسانی یافتههای موجود در زمینهٔ آموزش شناختی، مطالعهٔ حاضر قصد اجرای یک مطالعهٔ مروری نظاممند براساس راهنمای ارائه شده دارد.

#### اهداف

هدف از مطالعهٔ مروری حاظر بررسی اثربخشی مداخلات مبتنی بر رویکردهای شناختی بر کودکان و نوجوانان دچار اتیسم میباشد.

Figure 1



Item	Description
Participant Characterization	<ul> <li>Are potential predictors/moderators (e.g., baseline cognitive function, psychopathology, and neural reserve) assessed?</li> <li>Are inclusion/exclusion criteria (e.g., presence of targeted cognitive capacity/deficits) justified?</li> </ul>
Intervention Targets	<ul> <li>Are cognitive targets (deficits/capacities) linked to clinical status and functioning?</li> <li>Do the cognitive training interventions match the perceptual/cognitive/affective processes that characterize the disorder and/or neural circuits implicated?</li> <li>Is the hypothesized therapeutic mechanism supported by research and theory?</li> </ul>
Outcome Assessment	<ul> <li>Are potential predictors/moderators (e.g., medications, therapist engagement) of outcomes considered?</li> <li>Do assessments provide for the elucidation of intervention mechanisms (e.g., temporal precedence between putative mediators/mechanisms and target outcomes)?</li> <li>Are retention/completion rates assessed and reported?</li> <li>Are cognitive/functional outcomes distinguishable from practice effects?</li> </ul>
	<ul> <li>Are valid measures of proximal (e.g., performance on training tasks, neurocognitive measures) and more distal outcomes (clinical status, functioning, adverse effects, durability, generalization of cognitive and affective outcomes distinct from training tasks) included?</li> <li>Does the plan include measures at multiple levels of analysis (e.g., genes, molecules, cells, circuits, physiology, behavior, and self-report) as appropriate?</li> </ul>
Concomitant Treatments	<ul> <li>Is cognitive training intended as a monotherapy or as an adjunctive treatment?</li> <li>Are concomitant treatments considered in the assessment and analysis plan?</li> <li>How might the proposed concomitant therapies potentiate (e.g., promoting plasticity; generalization of skills) or interfere with (e.g., medication side effects) cognitive training effects?</li> <li>Are concomitant treatments held constant across treatment conditions and/or quantified and considered in analyses?</li> </ul>
Comparison Condition	<ul> <li>Is the comparison condition justified in terms of the research question and stage of intervention development/testing?</li> <li>Does the comparison condition control for attention, expectations, and potential practice effects associated with training/assessment protocols, as appropriate?</li> </ul>
Scalability/ Potential for Dissemination	<ul> <li>Are all relevant stakeholders considered (i.e., patients/families [e.g., acceptability], clinicians [availability of an appropriately trained workforce], and policymakers [competing demands, therapist time/involvement, and other costs])?</li> <li>What are the implementation strategies (e.g., delivery within existing services, such as employment training; use of Internet or other facilitative technology for conducting assessments and delivering the intervention; provisions to facilitate motivation/ engagement)?</li> </ul>
Design Considerations	<ul> <li>Are randomization procedures clearly detailed and justified?</li> <li>Are intervention protocols standardized and manualized?</li> <li>Are there plans to monitor fidelity and operationalize the delivery of the experimental and comparison conditions?</li> <li>Are statistical approaches state of the art and appropriately matched to the research question and data structure?</li> </ul>

# روش

# معيارهاي ورود مطالعات

همان طور که در مقدمه اشاره شد، بررسی حاضر بر اساس معیارهای ارائه شده توسط کشوان و همکاران صورت گرفته است (جدول ۱). بر همین اساس معیارهای زیر برای مطالعات در نظر گرفته شدند.

# انواع مطالعات

در این بررسی محدودیتی برای نوع مطالعات ورودی در نظر گرفته نشده است.

# انواع شركت كنندگان

شرکت کنندگانی وارد این بررسی شدند که معیارهای زیر را دارا باشند:

- ٥ تشخيص طيف اتيسم
  - ا زیر ۱۸ سال

# انواع مداخلهها

- مداخلهٔ مورد نظر بر مبنای اصول شناختی باشد.
- مداخلهٔ مورد نظر یکی از حوزههای شناختی را هدف قرار داده باشد.
  - o مبتنی بر اصول رفتاری (ABA) نباشند.
    - مداخلات گروه درمانی نباشند.

# روش جستجو براى شناسايي مطالعات

# جستجوى الكترونيك

به منظور به دست آوردن حداکثر مقالات مرتبط با سئوال تحقیق، کلمات رایج در ادبیات پژوهش مرتبط با «اختلال طیف اتیسم» و «توانبخشی شناختی» توسط تیم تحقیق مورد بحث قرار گرفت و پس از چند بررسی مقدماتی مناسبترین عبارت جستجو انتخاب و متناسب با هر پایگاه داده تنظیم گردید. با استفاده از عبارات جستجوی متناسب سه پایگاه دادهی ISI «Scopus و PubMed

# جمع آوری و تحلیل دادهها

# انتخاب مطالعات

پس از حذف موارد تکراری از میان رفرنسهای وارد شده به EndNote، بررسی مقالات توسط سه نفر از اعضای تیم تحقیق به صورت مستقل گرفت (یک نفر دکترای روان شناسی بالینی فعال در حوزهٔ اتیسم و دو نفر فوق تخصص روانپزشکی کودک و نوجوان). در ابتدا مقالات به دست آمده بر اساس عنوان و چکیده بررسی و سپس بر اساس متن کامل بررسی شدند و مقالاتی که واجد شرایط ورود به مطالعه بودند انتخاب شدند (نمودار ۲). مقالاتی که گزارش تکراری از یک مطالعه بودند نیز در مرحلهٔ بررسی متن کامل حذف شدند. فهرست مقالات وارد شده و خارج شده بر اساس بررسی متن کامل و همچنین دلایل آنها در جدول ۲ و پیوست ۱۴ آمده است.

### استخراج و مديريت دادهها

اطلاعات مقالات به دست آمده در یک جدول از پیش طراحی شده استخراج گردید. در طراحی این جدول موارد ارائه شده توسط کشوان و همکاران نیز مد نظر قرار گرفت تا بتوان بر اساس اطلاعات استخراج شده به آنها پاسخ داد. جدول استخراج دادهها در برگیرنده این موارد بود: نام نویسنده اول، سال انتشار، نوع مطالعه، شرکت کنندگان (سن، جنس، تعداد، تشخیص، معیارهای ورود و خروج)، مداخله، حوزه شناختی هدف، ابزارهای اندازه گیری و نتایج.

استخراج دادهها توسط دو نفر از اعضای تیم پژوهش و به صورت مستقل از یکدیگر صورت گرفت.

# ارزيابي كيفي مطالعات

به منظور بررسی کیفی مقالات معیارهای توصیه شده توسط کشوان و همکاران مورد استفاده قرار گرفت (جدول ۱). برای هر یک از موارد ذکر شده چهار پاسخ احتمالی در نظر گرفته شد: بلی، خیر، فقدان شواهد و فاقد کاربرد.

# نتايج

# توصيف مطالعات

# نتيجه جستجو

تعداد رفرانسهای به دست آمده از سه پایگاه داده برابر با ۴۰۰۳ عنوان بود که پس از حذف موارد تکراری ۲۲۸۱ عنوان مقاله به دست آمد. این مقالات در ابتدا بر اساس عنوان و چکیده بررسی شدند که از میان آنها ۱۸۳ مقاله مرتبط به دست آمد. سپس این مقالات براساس متن کامل بررسی شدند که از آن میان ۶۱ مقاله واجد شرایط ورود به مطالعه بودند (نمودار ۲ و پیوست ۱). در جدول ۲ دلایل و تعداد مقالات حذف شده در زمان بررسی متن کامل آمده است.

Figure 2

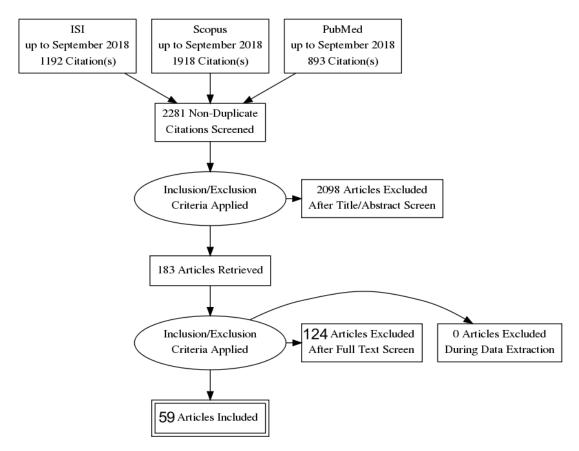


Table 2 Frequency of included and reason	of excluded studies	
Labels	Reason	Frequency
Included	Meet inclusion criteria	59
	Non interventional	10
	Not ASD cases	6
	Not Cognitive Based Intervention	51
Excluded	Not Cognitive Domain	20
	Not English	2
	Not Found	15
	On adult sample	3
	Duplicated Article	7
	Review article	10
Total		183

# مطالعات وارد شده

تعداد ۵۹ مطالعه واجد شرایط ورود به مطالعه بودند و بر اساس حوزه شناختی مورد مداخله گروهبندی شدند (حوزههای مورد مداخله براساس حوزههای شناختی مورد استفاده در 5-DSM تعریف شدند) (جدول ۳).

# طرح مطالعه

فراوانی مطالعات به دست آمده بر اساس طرح مطالعاتی در جدول ۴ آمده است. همان طور که مشاهده میشود مطالعات کارآزمایی بالینی تصادفی شده از بیشترین فراوانی برخوردار هستند.

# شركت كنندگان

شرکت کنندگان مطالعات افراد دارای طیف اتیسم بودند که براساس نتایج یکی از ابزارهای تشخیصی و یا ارزیابی بالینی بر اساس معیارهای SM-5 یا ICD-10 تشخیص اتیسم دریافت کردهاند. مشخصات جمعیت شناختی و معیارهای ورود و خروج شرکت کنندگان در جدول خلاصهٔ یافتهها ارائه شده است.

Table 3 - Cognitive Targets			
Category	N	Sub-Category	N
Attention	7		
		Attention	3
		Visual Attention	3
		Contextual Processing	1
Auditory	2		
		Auditory Integration	1
		Auditory Processing	1
Executive Function	14		
		Executive Function	14
Social cognition	36		
		Emotion Recognition	10
		Emotion Regulation	2
		Imitation	1
		Joint Attention	12
		Social Cognition	6
		Social Interaction	1
		том	4
Total			59

Table 4 Study design of included studies									
Labels	Frequency								
Case-Control	1								
Non-Randomized Clinical Trial	6								
Single Subject	12								
Before-After	15								
Randomized Clinical Trial	25								
Total	59								

#### مداخله

بر اساس راهنمای ارائه شده توسط کشوان و همکاران مداخلاتی در این بررسی مد نظر قرار گرفتند که با داشتن یک رویکرد شناختی بر یکی از حوزههای شناختی تمرکز داشتهاند (بر اساس 5-DSM به شش حوزهٔ کلی توجه (شامل توجه پایدار، توجه انتخابی، توجه تقسیم شده و سرعت پردازش)، کارکردهای اجرایی (شامل برنامهریزی، تصمیمگیری، حافظهٔ کاری، پاسخ به بازخورد، بازداری و انعطاف پذیری)، حافظه و یادگیری (شامل یادآوری آزاد، یادآوری هدایت شده، حافظهٔ بازشناسی، حافظهٔ بلند مدت معنایی و خود زندگینامهای و یادگیری درونی)، زبان (شامل نامیدن اشیاء، یافتن واژگان، روانی، دستور زبان و نحو و زبان دریافتی)، ادراکی –حرکتی (شامل ادراک بینایی، استدلال دیداری –فضایی، هماهنگی ادراکی –حرکتی) و شناخت اجتماعی (شامل شناخت هیجانات، نظریه ذهن و بینش) تقسیم می شوند). مداخلات مبتنی بر رویکردهای رفتاری و گروه درمانی مورد هدف مطالعهٔ حاضر نبودهاند.

بر اساس تقسیمبندی ارائه شده توسط 5-DSM، مطالعات به دست آمده در چهار حوزهٔ کلی دستهبندی و نتایج آنها مورد بررسی قرار گرفت. این حوزهها عبارتند از:

۱) توجه، ۳

۲) پردازش شنیداری، ۴

# مطالعات خارج شده

در هنگام بررسی متن کامل مقالات ۱۲۴ مطالعه از این بررسی خارج شدند که دلایل آنها در جدول ۲ و پیوست ۱۴ آمده است.

# اثربخشي مداخلات/ ارزيابي كيفي مطالعات

همان طور که اشاره شد، مطالعات به دست آمده به چهار حوزهٔ کلی ۱) توجه، ۲) پردازش شنیداری، ۳) کارکردهای اجرایی و ۴) شناخت اجتماعی دستهبندی شده و نتایج آنها مورد بررسی قرار گرفت.

#### توجه

# اطلاعات مربوط به این حوزه در جدول خلاصهٔ یافتهها آمده است (پیوست ۲)

از میان مطالعات به دست آمده ۷ مقاله به بررسی مداخله در حوزهٔ توجه پرداخته اند. ۳ مطالعه بر روی توجه به صورت کلی [14-17]، ۳ مطالعه بر روی توجه دیداری [10-10] و ۱ مطالعه بر پردازش زمینه ای [10-10] تمرکز داشته اند. طرح آزمایشی ۲ مطالعه کارآزمایی بالینی تصادفی شده، ۲ مطالعه کارآزمایی بالینی تصادفی شده، ۲ مطالعه بیش آزمون و ۱ مطالعه تک آزمودنی است.

این مطالعات نشان دادند که مداخلات انجام شده بر روی توجه باعث بهبود عملکرد افراد دارای اتیسم در حوزههایی مانند کنترل توجه، جابجایی توجه و توجه انتخابی (روش مداخله: بازی کامپیوتری) [۱۵]، عملکرد پیوسته (روش مداخله: تحرینات ادراکی حرکتی) [۱۴]، مهارتهای شناختی و تحصیلی (روش مداخله: بازی کامپیوتری) [۱۲]، پردازش زمینهای (روش مداخله: واقعیت مجازی) [۱۸]، توجه پایدار دیداری (روش مداخله: تمرینات توجه دیداری با استفاده از کامپیوتر) [۱۶] و توجه دیداری (روش مداخله: بازی کامپیوتری) [۱۷] شده است. نمونه مورد بررسی در تمامی مطالعات دارای تشخیص اتیسم بوده و به استثناء یک مطالعه که میانگین هوشی شرکت کنندگان ۸۶/۲۵ بوده است [۱۲]، شرکت کنندگان مملکرد پایین بودهاند.

همانطور که در پیوست ۳ و ۴ مشاهده می شود، سطح کیفی شواهد به دست آمده قوی نمی باشد. تنها ۲ مطالعهٔ کار آزمایی بالینی تصادفی سازی شده در میان مطالعات وجود دارد [۱۲، ۱۶] که در هر دو مطالعه معیارهای ورود و خروج آزمودنیها به خوبی تعریف نشده است. همچنین در مطالعات صورت گرفته برای کنترل عوامل احتمالی تأثیر گذار بر اثربخشی مداخله (i.e. potential predictors/moderators) اقدامی صورت نگرفته است.

# پردازش شنیداری

اطلاعات مربوط به این حوزه در جدول خلاصهٔ یافتهها آمده است (پیوست ۵)

در مجموع ۲ مطالعهٔ واجد شرایط در زمینهٔ اثربخشی مداخلات حوزهٔ پردازش شنیداری به دست آمده است. طرح آزمایشی یکی از مطالعات پیشآزمون به دست آمده است. طرح آزمایشی یکی از مطالعات پیشآزمون به گروه کنترل [۱۹] و مطالعهٔ دیگر کارآزمایی بالینی تصادفی نشده [۲۰] میباشد. نتایج این مطالعات نشان دهندهٔ اثربخشی مداخلات انجام شده بر مهارتهای پردازش شنیداری و زبانی، گوش دادن دایکوتیک (روش مداخله: Dichotic Inter-Aural Intensity Difference (DIID) training) و همچنین پتانسیل برانگیخته و نشانههای رفتاری اتیسم (روش مداخله: آموزش یکپارچگی شنیداری) [۱۹] بوده است. همان طور که در پیوست ۶ و ۷ مشاهده می شود، سطح کیفی شواهد به دست آمده قوی نیست.

# کارکردهای اجرایی

اطلاعات مربوط به این حوزه در جدول خلاصه یافتهها آمده است (پیوست ۸)

از میان مطالعات به دست آمده ۱۴ مقاله به بررسی اثر مداخلات مبتنی بر کارکردهای اجرایی پرداختهاند. طرح آزمایشی مطالعه ۸ پیش آزمون-پس آزمون، ۵ مطالعه کارآزمایی بالینی تصادفی شده و ۱ مطالعه تک آزمودنی بوده است. نمونه مورد بررسی این مطالعات بر اساس آزمونهای تشخیصی استاندارد یا ارزیابی بالینی بر اساس معیارهای تشخیصی DSM و یا ICD تشخیص طیف اتیسم داشته و در سنین بین ۵ تا ۱۹ سال قرار داشتند. این مطالعات نشان دادند که مداخلات مبتنی بر کارکردهای اجرایی باعث بهبود عملکرد افراد دچار اتیسم در این حوزهها می شود از جمله:

توجه و تمرکز، تکانشگری، واکنش هیجانی، عملکرد تحصیلی و تعاملات و آگاهی اجتماعی (روش مداخله: تکالیف کامپیوتری شنیداری، دیداری و دیداری و فضایی) [۲۱]، پرتحرکی، همکاری و همدلی و تفکر منعطف (روش مداخله: فعالیتهای گروهی شامل داستان خوانی و ایفای نقش) [۲۲]، حافظهٔ کاری، حفظ توجه، توجه تفکیکی و عملکرد تحصیلی (روش مداخله: بازی جدی متمرکز بر توجه و حافظهٔ کاری) [۲۳]، اثربخشی مداخلات گفتاری بر مشارکت در ارتباط و تعاملات اجتماعی (روش مداخله: تمرینات کارکردهای اجرایی در طی جلسات گفتار درمانی) [۲۴، ۲۵]، حافظهٔ کاری، فراشناخت و قدرت و چابکی حرکتی (روش مداخله: بازی حرکتی فیاری اسلام اجرایی) [۲۷]، تواناییهای هوشی، انعطافپذیری واجی، حافظهٔ کاری، نشانههای بالینی و عملکرد تحصیلی (روش مداخله: تمرینات محرک دیداری شنیداری با استفاده از وسایل) [۲۸]، تعاملهای اجتماعی، جابجایی توجه (روش مداخله: نوروفیدبک) [۲۹]، حل مسأله، انعطافپذیری، برنامهریزی/ سازماندهی و پیروی از قوانین (روش مداخله: تمرینات کارکردهای اجرایی شامل پوستر، مداد و کاغذی و تختهای (روش مداخله: تمرینات کارکردهای اجرایی اجرایی) [۳۰]، حافظهٔ کاری و انعطافپذیری (روش مداخله: تمرینات کارکردهای اجرایی) [۳۰]، حافظهٔ کاری و بازداری (روش مداخله: تمرینات کامپیوتری کارکردهای اجرایی) [۳۰]، حافظهٔ کاری و بازداری (روش مداخله: تمرینات کارکردهای اجرایی) [۳۰]، حافظهٔ کاری و بازداری (روش مداخله: تمرینات کارکردهای اجرایی) [۳۰]، حافظهٔ کاری و بازداری (روش مداخله: تمرینات کارکردهای اجرایی) [۳۰]،

همان طور که در پیوست ۹ و ۱۰ مشاهده میشود، سطح کیفی شواهد به دست آمده قوی نیست.

#### شناخت اجتماعي

اطلاعات مربوط به این حوزه در جدول خلاصه یافتهها أمده است (پیوست ۱۱)

در مجموع ۳۶ مطالعه به بررسی اثربخشی مداخلات مبتنی بر شناخت اجتماعی پرداختهاند که از میان آنها ۱۰ مطالعه مبتنی بر بازشناسی هیجان [۳۳–۴۲]، ۲ مطالعه مبتنی بر تنظیم هیجان [۴۳, ۴۴]، یک مطالعه مبتنی بر تقلید [۴۵]، ۱۲ مطالعه مبتنی بر تنظیم هیجان [۴۳–۵۸]، ۶ مطالعه مبتنی بر شناخت اجتماعی [۶۸]، یک مطالعه مبتنی بر نظریه ذهن [۶۵–۶۸] بودند. طرح آزمایشی ۱ مطالعه مورد-شاهدی، ۴ مطالعه پیش آزمون - پس آزمون، ۱۰ مطالعه تک آزمودنی، ۱۸ مطالعه کار آزمایی بالینی تصادفی شده و ۳ مطالعه کار آزمایی بالینی تصادفی نشده بوده است. حوزههای مختلفی که بر اساس مداخلات صورت گرفتهٔ مبتنی بر بازشناسی هیجان بهبود پیدا کردهاند عبارتند از:

بازشناسی هیجانات چهره (روشهای مداخله: تمرینات کامپیوتری آموزش هیجان، ویدئو موقعیتهای مختلف و تصاویر هیجانات مختلف چهره، برنامهٔ کامپیوتری آموزش هیجانات، برنامهٔ آموزشی روانی اجتماعی، برنامهٔ کامپیوتری آموزش کامپیوتری آموزش ابراز هیجانات) [۲۲, ۳۳, ۳۵–۳۹, ۴۲] و بازشناسی هیجانات و تعاملات اجتماعی با همسالان (روش مداخله: برنامهٔ کامپیوتری) [۳۴].

مداخلات مبتنی بر تنظیم هیجانی باعث بهبود تنظیم هیجانها، نشانههای دروننمود و بروننمود و رفتارهای سازشی هستند (روش مداخله: بازی کامپیوتری شامل فعالیتهای مبتنی بر آموزش شناخت و مهارتهای اجتماعی) [۴۴,۴۳].

مطالعهٔ انجام شده بر روی تقلید نشان دهندهٔ بهبود گروه مداخله در مهارتهای توجه مشترک و عملکرد اجتماعی هیجانی بوده است (روش مداخله: اَموزش تقلید اجتماعی در طول بازیهای تعاملی) [۴۵].

- حوزههای مختلفی که بر اساس مداخلات صورت گرفتهٔ مبتنی بر توجه مشترک بهبود پیدا کردهاند عبارتنداز:
- ۰ مهارتهای بازی و مشارکت در کلاس (روش مداخله: مشارکت دادن کودکان توسط معلم در فعالیتهای مشترک) [۶۹]،
  - آغازگری و طول مدت رفتارهای توجه مشترک [۴۷، ۴۷ و ۵۰]،
- ۰ توجه به چهره، واکنش به توجه مشترک، زبان دریافتی و ارتباط (روش مداخله: آموزش مهارتهای ارتباطی پیش کلامی) [۴۹]،
- زبان بیانی، فراوانی توجه مشترک، پاسخ به توجه مشترک، سطح و نوع بازیهای نمادین (روش مداخله: آموزش توجه مشترک و بازی نمادین)
   [۵۱]
  - c آغازگری در طول بازی (روش مداخله: آموزش توجه مشترک و بازی نمادین) [۵۲]،
  - تعمیم مهارتهای توجه مشترک (روش مداخله: آموزش ارتباط اجتماعی و نگاه) [۵۴]،
  - C آغازگریهای اجتماعی، عاطفهٔ مثبت، تقلید و گفتار خود انگیخته (روش مداخله: آموزش پاسخ به توجه مشترک) [۵۵] و
    - نگاه هماهنگ با اشاره (روش مداخله: آموزش توجه مشترک و بازی نمادین) [۵۷]

# حوزههای مختلفی که بر اساس مداخلات صورت گرفتهی مبتنی بر شناخت اجتماعی بهبود پیدا کردهاند عبارتند از:

- ۰ کیفیت ارتباط اجتماعی و واکنش صحیح به هیجانات چهره (روش مداخله: بازی گروهی مبتنی بر درمان شناختی رفتاری)[ ۲۰]،
  - ۵ هدفمندی و نظریه ذهن (روش مداخله: برنامه مهارت آموزی) [۵۹]،
  - درک معنا و هدف تعاملهای اجتماعی (روش مداخله: روش ارتباطی مکمل و جایگزین با استفاده از iPad) [۶۰]،
    - ارتباط غیر کلامی، واکنشی همدلانه و ارتباطات اجتماعی (روش مداخله: اموزش مهارتهای اجتماعی) [۶۱]،
- c شناخت اجتماعی، بازشناسی هیجان و عملکرد اجتماعی و شغلی در زندگی واقعی (روش مداخله: آموزش شناخت اجتماعی با استفاده از واقعیت مجازی) [۶۲] و
  - کفایت اجتماعی (روش مداخله: آموزش مهارتهای اجتماعی) [۶۳].
- یک مطالعه نیز نشان دهندهٔ تأثیر نوروفیدبک بر بهبود تعاملهای اجتماعی (بازشناسی هیجان، تقلید خودانگیخته و رفتار مناسب در زندگی روزمره)
   بوده است [۶۴].

در میان این مطالعات چهار مداخله مهارت نظریه ذهن را به صورت مستقیم هدف قرار دادهاند که نشاندهندهٔ کاهش آزار توسط همسالان در مدرسه (روش مداخله: استفاده از شخصیتهای مقوایی دو بعدی) [۶۶]، بهبود مداخله: برنامه آموزش عملکرد نظریه ذهن (روش مداخله: جلسات آموزش هفتگی) [۶۷] و تعاملهای اجتماعی مناسب (روش مداخله: آموزش مهارتها) و تعاملهای اجتماعی مناسب (روش مداخله: آموزش مهارتها) [۶۸] بودهاند.

همان طور که در پیوستهای ۱۲ و ۱۳ مشاهده میشود، مطالعات این حوزه از سطح کیفی مناسبی برخوردار هستند.

# بحث و نتیجه گیری خلاصهٔ یافتههای اصلی

در مجموع ۵۹ مطالعه وارد این بررسی مروری شدند که به چهار حوزهٔ کلی ۱) توجه، ۲) پردازش شنیداری، ۳) کارکردهای اجرایی و ۴) شناخت اجتماعی قابل دستهبندی هستند.

از میان مطالعات به دست آمده هفت مقاله به بررسی مداخله در حوزهٔ توجه پرداختهاند. این مطالعات نشان دادند که مداخلات انجام شده بر روی توجه باعث بهبود عملکرد افراد دارای اتیسم در حوزههایی مانند کنترل توجه، جابجایی توجه و توجه انتخابی (روش مداخله: موسیقی درمانی) [۱۳]، دامنه توجه، توجه پایدار، توجه فضایی (روش مداخله: بازی کامپیوتری) [۱۵]، عملکرد پیوسته (روش مداخله: تمرینات ادراکی حرکتی) [۱۴]، مهارتهای شناختی و تحصیلی (روش مداخله: بازی کامپیوتری) [۱۲]، پردازش زمینهای (روش مداخله: واقعیت مجازی) [۱۸]، توجه پایدار دیداری (روش مداخله: تمرینات توجه دیداری با استفاده از کامپیوتر) [۱۶] و توجه دیداری (روش مداخله: بازی کامپیوتری) [۱۷] شده است.

در مجموع دو مطالعهٔ واجد شرایط در زمینهٔ اثربخشی مداخلات حوزه ی پردازش شنیداری به دست آمده است. طرح آزمایشی یکی از مطالعات پیش آزمون به پیش آزمون با گروه کنترل [۱۹] و مطالعهٔ دیگر کارآزمایی بالینی تصادفی نشده [۲۰] میباشد. نتایج این مطالعات نشان دهندهٔ اثربخشی مداخلات انجام شده بر مهارتهای پردازش شنیداری و زبانی، گوش دادن دایکوتیک (روش مداخله: Dichotic Intermural Intensity Difference (DIID) Training) و همچنین پتانسیل برانگیخته و نشانههای رفتاری اتیسم (روش مداخله: آموزش یکپارچگی شنیداری) [۱۹] بوده است.

از میان مطالعات به دست آمده ۱۴ مقاله به بررسی اثر مداخلات مبتنی بر کارکردهای اجرایی پرداختهاند. این مطالعات نشان دادند که مداخلات مبتنی بر کارکردهای اجرایی باعث بهبود عملکرد افراد دچار اتیسم در توجه و تمرکز، تکانشگری، واکنش هیجانی، عملکرد تحصیلی و تعاملات و آگاهی اجتماعی (روش مداخله: تکالیف کامپیوتری شنیداری، دیداری و دیداری – فضایی) [۲۱]، پرتحرکی، همکاری و همدلی و تفکر منعطف (روش مداخله: فعالیتهای گروهی شامل داستان خوانی و ایفای نقش) [۲۲]، حافظهٔ کاری، حفظ توجه، توجه تفکیکی و عملکرد تحصیلی (روش مداخله: بازی جدی متمرکز بر توجه و حافظهٔ کاری) [۳۳]، اثربخشی مداخلات گفتاری بر مشارکت در ارتباط و تعاملات اجتماعی (روش مداخله: تمرینات کارکردهای اجرایی در طی جلسات گفتار درمانی) واجی حافظهٔ کاری، فراشناخت و قدرت و چابکی حرکتی (روش مداخله: بازی حرکتی (Makoto Arena [۲۶]، تواناییهای هوشی، انعطاف پذیری واجی، حافظهٔ کاری، نشانههای بالینی و عملکرد تحصیلی (روش مداخله: تمرینات مداد و کاغذی کارکردهای اجرایی (روش مداخله: نوروفیدبک) وبنامهریزی (روش مداخله: تمرینات محرک دیداری شنیداری با استفاده از وسایل) [۲۸]، تعاملهای اجتماعی، جابجایی توجه (روش مداخله: نوروفیدبک) برنامه ریزی/ سازماندهی و پیروی از قوانین (روش مداخله: تمرینات کارکردهای اجرایی شامل پوستر، مداد و کاغذی و تختهای عصافهٔ ناری برنامه ریزی/ سازماندهی و پیروی از قوانین (روش مداخله: تمرینات کارکردهای اجرایی) [۳۸]، حافظهٔ کاری و تختهای کارکردهای اجرایی) [۳۸]، حافظهٔ کاری و انعطاف پذیری (روش مداخله: تمرینات کارکردهای اجرایی) [۳۸]، حافظهٔ کاری و انعذاری (روش مداخله: تمرینات کارکردهای اجرایی) [۳۸]، حافظهٔ کاری و انعطاف پذیری (روش مداخله: تمرینات کارکردهای اجرایی) [۳۸]، حافظهٔ کاری (روش مداخله: تمرینات کارکردهای اجرایی اکرکردهای اجرایی) [۳۸]، حافظهٔ کاری (روش مداخله: تمرینات کارکردهای اجرایی کارکردهای اجرایی) و سازمانده

در مجموع ۳۶ مطالعه به بررسی اثربخشی مداخلات مبتنی بر شناخت اجتماعی پرداختهاند. این مطالعات نشان دادند که مداخلات مبتنی بر بازشناسی هیجانات بهره (روشهای مداخله: تمرینات کامپیوتری آموزش هیجان، ویدئو موقعیتهای مختلف و تصاویر بر بهبود عملکرد افراد دچار اتیسم در بازشناسی هیجانات چهره (روشهای مداخله: تمرینات کامپیوتری آموزش هیجانات، برنامهٔ آموزشی روانی اجتماعی، برنامهٔ کامپیوتری آموزش ابراز هیجانات) [۲۲، ۳۳، ۳۵–۳۹ ۴۶ و ۴۸] و بازشناسی هیجانات و تعاملات اجتماعی با همسالان (روش مداخله: برنامهٔ کامپیوتری آموزش ابراز هیجانات) [۲۲، ۳۳، ۳۵–۳۹ ۴۶ و ۴۸] و بازشناسی هیجانات و تعاملات اجتماعی با همسالان (روش مداخله: برنامهٔ کامپیوتری شامل فعالیتهای مبتنی بر تنظیم هیجانی باعث بهبود تنظیم هیجانها، نشانههای دروننمود و بروننمود و رفتارهای سازشی هستند (روش مداخله: بازی کامپیوتری شامل فعالیتهای مبتنی بر آموزش شناخت و مهارتهای اجتماعی از ۴۳ و ۴۴]. مطالعهٔ انجام شده بر روی تقلید نشان دهندهٔ بهبود گروه مداخله در مهارتهای توجه مشترک باعث بهبود عملکرد افراد دچار اتیسم در مهارتهای بازی و مشارکت در کلاس (روش مداخله: مشارکت بعث بهبود عملکرد افراد دچار اتیسم در مهارتهای بازی و مشارکت در کلاس (روش مداخله: آموزش مهارتهای ارتباطی پیش کلامی) [۴۹]، زبان بیانی، فراوانی توجه به چهره، واکنش به توجه مشترک، زبان دریافتی و ارتباط (روش مداخله: آموزش توجه مشترک و بازی نمادین) [۲۵]، آغازگری در طول بازی (روش مداخله: آموزش بهبود عملکرد افراد دچار اتیسم در کیفیت ارتباط اجتماعی و واکنش صحیح به هیجانات چهره (روش مداخله: بازی مداخلات مبتنی بر شناخت اجتماعی باعث بهبود عملکرد افراد دچار اتیسم در کیفیت ارتباط اجتماعی و واکنش صحیح به هیجانات چهره (روش مداخله: بازی مداخلات مبتنی بر شناخت اجتماعی باعث بهبود عملکرد افراد دچار اتیسم در کیفیت ارتباط اجتماعی و واکنش صحیح به هیجانات چهره (روش مداخله: بازی مداخلات مبتنی بر شناخت اجتماعی باعث بهبود عملکرد افراد دچار اتیسم در کیفیت ارتباط اجتماعی و واکنش صحیح به هیجانات چهره (روش مداخله: بازی

گروهی مبتنی بر درمان شناختی رفتاری) [۷۰]، هدفمندی و نظریه ذهن (روش مداخله: برنامه مهارتآموزی) [۵۹]، درک معنا و هدف تعاملهای اجتماعی (روش مداخله: روش راتباطی مکمل و جایگزین با استفاده از iPad) [۶۰]، ارتباط غیر کلامی، واکنشی همدلانه و ارتباطات اجتماعی (روش مداخله: آموزش مهارتهای اجتماعی با ههارتهای اجتماعی بازشناسی هیجان و عملکرد اجتماعی و شغلی در زندگی واقعی (روش مداخله: آموزش شناخت اجتماعی با استفاده از واقعیت مجازی) [۶۲] و کفایت اجتماعی (روش مداخله: آموزش مهارتهای اجتماعی) [۶۳] میباشند. یک مطالعه نیز نشان دهندهٔ تأثیر نوروفیدبک بر بهبود تعاملهای اجتماعی (بازشناسی هیجان، تقلید خودانگیخته و رفتار مناسب در زندگی روزمره) بوده است [۶۴]. در میان این مطالعات چهار مداخله مهارت نظریه ذهن را به صورت مستقیم هدف قرار دادهاند که نشان دهندهٔ کاهش آزار توسط همسالان در مدرسه (روش مداخله: برنامه آموزش عملکرد نظریه ذهن (روش مداخله: آموزش هفتگی) [۶۷] و تعاملهای اجتماعی مناسب (روش مداخله: آموزش مهارتهای اتیسم و مهارتهای نظریه ذهن (روش مداخله: جلسات آموزش هفتگی) [۶۷] و تعاملهای اجتماعی مناسب (روش مداخله: آموزش مهارتها) [۶۸] بودهاند.

### نتيجه گيري نويسندگان

در مجموع می توان گفت مداخلات مبتنی بر نقایص شناختی می توانند باعث بهبود نشانههای اصلی و عملکرد افراد دچار اتیسم شوند. هرچند شواهد کافی برای ماندگاری و تعمیم اثرات این مداخلات در زندگی روزمره این افراد وجود ندارد. اثربخشی بهتر مداخلات شناختی زمانی ایجاد خواهد شد که به عنوان بخشی از یک برنامه مداخلاتی جامع در نظر گرفته و در شرایط مشابه فعالیتهای واقعی آموزش داده شوند.

## كاربرد باليني

در ارتباط با کاربرد بالینی یافتههای مطالعه حاضر باید تأکید کرد که استفاده از مداخلات شناختی هم به عنوان یک بخش نسبتاً مؤثر و هم به عنوان مکمل برنامههای آموزشی و توانبخشی همه جانبه سودمند خواهد بود و همچنین با توجه به تنوع نقایص شناختی در افراد دچار اتیسم مداخلهٔ هم زمان بر روی چند حوزهٔ شناختی ضروری است.

# کاربرد پژوهشی

به منظور دسترسی به تصویری روشن تر از اثربخشی مداخلات شناختی و مکانیزمهای احتمالی آن انجام پژوهشهایی با نمونههای بیشتر و طرحهای دقیق تر ضروری می باشد. همچنین بررسی ماندگاری و تعمیم اثرات مداخلات صورت گرفته مورد دیگری است که نیاز به بررسی دقیق تر دارد. تعریف دقیق پروتکلهای مداخله نیز می تواند به استفاده بالینی و تکرار نتایج به دست آمده کمک کند.

# پیوستها

پایگاه داده	عبارت جستجو سازگار شده با پایگاه داده	عداد مقالات به دست أمده						
Scopus	(TITLE-ABS-KEY (autism OR "Developmental Disorder" OR PDD OR ASD OR autistic OR Asperger ) AND TITLE (intervention OR treatment OR therapy OR training OR education OR rehabilitation OR remediation OR effect OR effectiveness OR efficacy OR trial ) AND TITLE (process OR cognition OR cognitive OR emotion OR emotional OR perception OR recognition OR "Theory of Mind" OR attention OR "Executive Function" OR intelligence OR shift OR switch OR memory OR inhibition OR flexibility OR visua I OR planning OR gaze OR auditory OR social OR awareness OR "centralcoherence" OR reaso ning )) AND (LIMIT-TO (LANGUAGE, "English"))							
ISI	TITLE: (Autism OR "Developmental Disorder" OR PDD OR ASD OR Autistic OR Asperger) AND TITLE: (Intervention OR Treatment OR Therapy OR Training OR Education OR Rehabilitation OR remediation OR effect OR effectiveness OR efficacy OR trial) AND TITLE: (Process OR Cognition OR Cognitive OR Emotion OR Emotional OR Perception OR Recognition OR "Theory of Mind" OR Attention OR "Executive Function" OR Intelligence OR Shift OR Switch OR Memory OR Inhibition OR Flexibility OR visual OR Planning OR Gaze OR Auditory OR social OR awareness OR "central coherence" OR reasoning) Timespan: All years. Indexes: SCI-EXPANDED, SSCI, CPCI-S, CPCI-SSH, ESCI.	1192						
PubMed	(((Autism[Title/Abstract] OR "Developmental Disorder"[Title/Abstract] OR PDD[Title/Abstract] OR ASD[Title/Abstract] OR Autistic[Title/Abstract] OR Asperger[Title/Abstract])) AND (Intervention[Title] OR Treatment[Title] OR Therapy[Title] OR Training[Title] OR Education[Title] OR Rehabilitation[Title] OR remediation[Title] OR effect[Title] OR effectiveness[Title] OR efficacy[Title] OR trial[Title])) AND (Process[Title] OR Cognition[Title] OR Cognitive[Title] OR Emotion[Title] OR Emotional[Title] OR Perception[Title] OR Recognition[Title] OR "Theory of Mind"[Title] OR Attention[Title] OR "Executive Function"[Title] OR Intelligence[Title] OR Shift[Title] OR Switch[Title] OR Memory[Title] OR Inhibition[Title] OR Flexibility[Title] OR visual[Title] OR Planning[Title] OR Gaze[Title] OR Auditory[Title] OR social[Title] OR awareness[Title] OR "central coherence"[Title] OR reasoning[Title])	893						
	After removing duplicates	2281						

# Appendix 2 - Summary of Findings in Attention Domain

No	Author	Year	Design	Diagnosis /N /Age	/Sex	Inclusion/ Exclusion	Intervention		Implementatio n strategies	Cognitive target	Measures	Results
				Case	Control	Criteria	Case	Control		Sub Category		
13	Spaniol, M.	2018	Randomized Clinical Trial	ASD N=8 6male 2Femal Mean age:8.13- 0.99 IQ:86.25-19.04	ASD N=7 6male 1Female Mean age:7.86- 1.26 IQ:92.86- 15.5	No	Attention training was employed using the CPAT, which was developed based on Tsal et al. (2005) four-functions of attention model. In this study, three training tasks from the CPAT protocol were used, each separately focusing on either, sustained, selective- spatial or executive attention.	For the active control group, three readily available computer games were used. Participant s in this group took part in a similar number of sessions as the CPAT group.	PC based game at home	Attention	Cognitive ability (Raven CPM), and children's academic performance in math, reading and copying. The views of the class teaching staff were also captured via semi-structured interviews.	Children in the CPAT group showed cognitive and academic improvements over and above the active control group, while children in both groups showed improvements in behavior.
53	Varvara Pasiali	2014	Before-After	ASD/N=9/Ages range:13to20/4 male, 5 female/recruite d from a private school for high-functioning adolescents with neurodevelopm ental disabilities.	N=O	NA	The music therapy intervention involved participating in eight 45-min sessions over a period of 6 weeks. The technique employed was Musical Attention Control Training.		computer based game	Attention	Test of Everyday Attention for Children (TEA- Ch).	Average participation rate was 97%. Data analysis showed positive trends and improvements on measures of attentional control/switchin g and selective attention.

#### Appendix 2 - Summary of Findings in Attention Domain Diagnosis /N /Age /Sex Inclusion/ No Author Year Design Intervention Implementatio Cognitive Measures Results Exclusion n strategies target Criteria Sub Case Control Case Control Category 54 ASD/N=20/10 N=20/10 SDQ/Raven The significance Javad 2012 Non-The criteria Perceptual Attention Afshari randomized male,10 female male,10 for entering motor skills IQTest/Lincoln in the pretest clinical trial female Ozertesky Skill results shows the second training: This phase method has Tests/Continuo that these been referred us Performance scores have a to as the Tests (CPT) significant interventional correlation with program and the scores of was designed independent and conducted variables by Kurtz (2008) (posttest) and this effect (the and includes effect of pretest physical on posttest) has awareness, motor been controlled by the analysis planning, mutual motor of covariance. integrity, balancing skills, fine motor harmony, visual performance skills and oral motor skills.

# Appendix 2 - Summary of Findings in Attention Domain

No	Author	Year	Design	Diagnosis /N /Age	/Sex	Inclusion/ Exclusion	Intervention		Implementatio n strategies	Cognitive target	Measures	Results
				Case	Control	Criteria	Case	Control		Sub Category		
60	Michelle Wang	2013	Single subject	ASD/3 male, 1 female/Age range= 6y 7m to 8y 11m		The inclusion criteria: (1) diagnosis of an ASD by a specialist; (2) chronologica I age between 5 and 10 years old; (3) Childhood Autism Rating Scale score of 30–36); and (4) average or aboveaverage nonverbal IQ.	This pilot study investigated the efficacy of a novel virtual reality cognitive rehabilitation (VR-CR) intervention to improve contextual processing of objects in children with autism.		Tablet based	Contextu al processin g	Virtual Reality Test of Contextual Processing of Objects (VR Test) Modified Version of the Flexible Item Selection Task (FIST-m) Attention Sustained Subtest	Overall, the results demonstrate improvements in contextual processing ability from baseline to treatment for each child, with average increases from 15% (Child 2) to 46% (Child 4).
1	Leanne Chukoskie	2018	Before-After	ASD/N=8/5 male, 3 female/ Mean age= 13.9 years/		No	The game developers created three colorful and engaging games with interesting sound effects. These games were designed with principles to train fixation, speed and accuracy of eye movements & control of visuo-spatial attention.			Visual attention	Spatial Attention Task (E Task) Gap-Overlap Saccade Task	All 6 of the 8 participants who completed the training showed significant improvement on one or more outcome measures.

No	Author	Year	Design	Diagnosis /N /Age /Sex		Inclusion/ Exclusion	Intervention		Implementatio n strategies	Cognitive target	Measures	Results
				Case	Control	Criteria	Case	Control		Sub Category		
33	Georgina Powell	2016	Randomized Clinical Trial	ASD/N=9/8 male, 1 female/ Mean age:6 years 5months.	ASD/N=8/ 7 male, 1 female/ Mean age: 7 years 2 months.	No exclusion criteria were specified because we wanted the study to be as inclusive as possible.	The training battery consisted of four different training tasks, targeting a combination of interference resolution, inhibition, visual search, online goal maintenance and task-switching. These were presented in rotation, in an order that was counterbalance d between visits and between participants. All four tasks were presented at each training session, until the participant refused to engage further with that task.			Visual attention	Testing equipment consisted of (1) a Tobii X2-60 portable eye tracker; (2) a 23" external monitor; (3) a laptop running Windows 7	Following training, significant and selective changes in visual sustaine attention were observed. Trer training effect: were also note on disengaging visual attentio but no convincing evidence of transfer was found to nontrained assessments of saccadic reaction time and anticipato looking.

Appe	ndix 2 - Summa	ry of Find	lings in Attention	n Domain								
No	Author	Year	Design	Diagnosis /N /Age /Sex		Inclusion/ Exclusion	Intervention		Implementatio n strategies	Cognitive target	Measures	Results
				Case	Control	Criteria	Case	Control		Sub Category		
46	María Vélez-Coto	2017	Non-randomized clinical trial	ASD-low/N=74/ Mean age= 13.47 years.	ASD- low/N=28/ Mean age= 12.61 years.	Children were between 3 and 16 years old/Children had been professionall y diagnosed with ASD and/or as cognitively low- functioning	sigueme consists of six phases with different exercises each one, which range from gathering the attention of the user to the classification of pictograms and text, with the additional use of sounds, music, videos, gestures and words. It offers two tools: a customization tool for educators and another for people with low-functioning disabilities and ASD in particular.			Visual attention	battery	There was a statistically significant improvement in the experimental group in Attention (W = -5.497, p < 0.001). There was also a significant change in Association and Categorization (W = 2.721, p = 0.007) and Interaction (W = -3.287, p = 0.001).

uthor	Leanne	Spaniol, M.					
	Chukoskie	M.	Georgina Powell	María Vélez- Coto	Varvara Pasiali	Javad Afshari	Michelle Wang
ear	2018	2018	2016	2017	2014	2012	2013
ub-Category	Visual	Attention	Visual	Visual	Attention	Attention	Contextual
	attention		attention	attention			processing
Design	Before-After	Randomized Clinical Trial	Randomized Clinical Trial	Non- randomized clinical trial	Before- After	Non- randomized clinical trial	Single subject
re randomization procedures clearly detailed and justified?	No	No	yes	No	No	No	NA
re intervention protocols standardized and manualized?	No	Yes	yes	Yes	No	Yes	Yes
re there plans to monitor fidelity and operationalize the delivery of the xperimental and comparison conditions?	No	Yes	yes	yes	NA	NA	Yes
are statistical approaches state of the art and appropriately matched to the esearch question and data structure?	Yes	Yes	yes	yes	Yes	Yes	Yes
Diagnosis confirmation	Yes	Yes	Yes	No	Yes	Yes	Yes
re potential predictors/moderators assessed?	No	Yes	No	NI	NI	Yes	No
re inclusion/exclusion criteria justified?	No	No	No	Yes	NI	Yes	Yes
re cognitive targets linked to clinical status and functioning?	Yes	Yes	yes	yes	Yes	Yes	Yes
On the cognitive training interventions match the erceptual/cognitive/affective processes that characterize the disorder and/or eural circuits implicated?	Yes	Yes	yes	yes	Yes	Yes	Yes
s the hypothesized therapeutic mechanism supported by research and heory?	Yes	Yes	yes	yes	NA	Yes	Yes
re potential predictors/moderators of outcomes considered?	No	No	No	Yes	No	No	yes
o assessments provide for the elucidation of intervention mechanisms?	No	Yes	Yes	no	Yes	Yes	NA
re retention/completion rates assessed and reported?	Yes	Yes	yes	yes	No	Yes	Yes
re cognitive/functional outcomes distinguishable from practice effects?	No	Yes	yes	yes	No	Yes	Yes
re valid measures of proximal and more distal outcomes included?	No	Yes	no	yes	No	No	Yes
ooes the plan include measures at multiple levels of analysis as appropriate?	No	No	no	no	No	No	No
s cognitive training intended as a monotherapy or as an adjunctive treatment?	monotherapy	Monotherapy	adjunctive	monotherapy	Monother	Monotherap	Monotherap
re concomitant treatments considered in the assessment and analysis plan?					ару	У	У
low might the proposed concomitant therapies potentiate or interfere with ognitive training effects?	NA	NA	NI	NA	NA	NA	NA
are concomitant treatments held constant across treatment conditions and/or uantified and considered in analyses?	NA	NA	yes	NA	NA	NA	NA
s the comparison condition justified in terms of the research question and tage of intervention development/testing?	NA	Yes	na	NA	NA	NA	NA
opes the comparison condition control for attention, expectations, and openial practice effects associated with training/assessment protocols, as ppropriate?	NA	Yes	na	NA	NA	NA	NA



#### Appendix 5 - Summary of Findings in Auditory Processing Domain No Author Year Design Diagnosis/N/Age/Sex Inclusion/ Intervention Implemen Cognitive Measures Results Exclusion tation target Criteria strategies Sub-Group Case Control Case control 27 Post-AIT changes in evoked Estate 2016 Before-ASD TD No The present Auditory Post-AIT M. After N=18 N = 16study used changes in potentials could be summarized integration Sokhadz 12 males Berard's evoked as a decreased magnitude of N1 15 males 3 females 4 females technique of potentials to rare stimuli, marginally lower е Mean age Mean age= auditory negativity of MMN, and decrease $= 11.06 \pm$ $12.6 \pm 3.14$ integration of the P3a to frequent stimuli along with delayed latency and 2.26 years. training (AIT) to improve higher amplitude of the P3b to years. sound the rare stimuli. These evoked integration in potential changes following children with completion of Berard AIT course autism. are in a positive direction, making them less distinct from those recorded in age-matched group of typical children, thus could be considered as changes towards

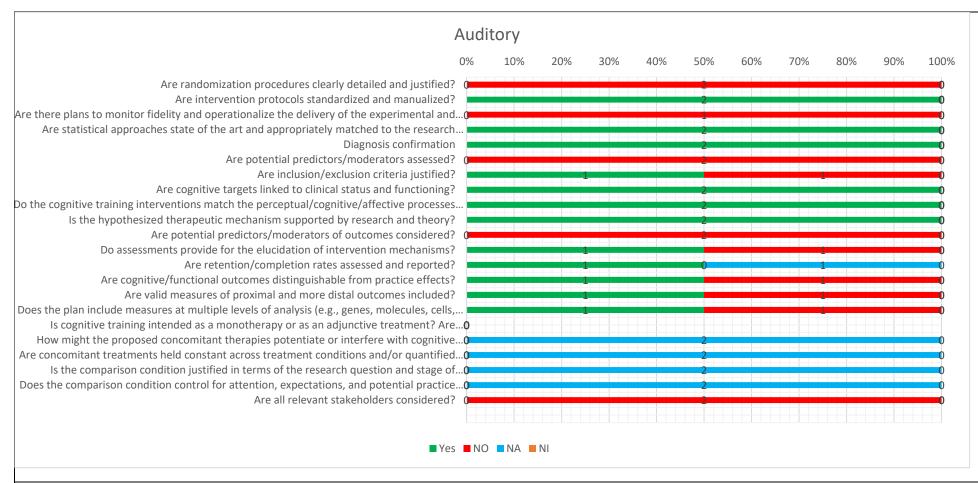
normalization.

Parental questionnaires clearly demonstrated improvements in behavioral symptoms such as irritability, hyperactivity, repetitive behaviors and other important behavioral domains.

# Appendix 5 - Summary of Findings in Auditory Processing Domain

No	Author	Year	Design	Diagnosis/N	I/Age/Sex	Exclusion	Intervention		Implemen tation	Cognitive target	Measures	Results
				Case	Control		Case	control	strategies	Sub-Group	_	
29	Hesham Kozou	2018	Non- randomize d clinical trial	ASD N=30 25 males 5 females Mean age:7- years		IQ>70, were verbal, a language age of at least six years, with normal peripheral hearing, free from neurologic al and genetic disorders.	The remediation was based on dichotic interaural intensity difference (DIID) training. The protocol of training was adapted from constraint induced auditory training (CIAT) program (30-min sessions, two times per week, for six weeks).			Auditory processing	The Arabic version of dichotic digit test (DDT), A test that assesses the process of binaural integration, Auditory processing skills were measured by using an Arabic version of three subtests of SCAN3-C.	Scores of CAP skills in ASD children are wide-ranging from completely normal to substantially defective and generally lower than those of typically developing children. By auditory training, ASD children improved their dichotic deficits as well as other untrained areas of auditory and language processing skills.

Author	Estate M. Sokhadze	Hesham Kozou
Year	2016	2018
Sub-Category Sub-Category	Auditory integration	Auditory processing
Design	Before-After	Non-randomized clinical tria
Are randomization procedures clearly detailed and justified?	No	No
Are intervention protocols standardized and manualized?	yes	Yes
Are there plans to monitor fidelity and operationalize the delivery of the experimental and comparison conditions?	No	No
Are statistical approaches state of the art and appropriately matched to the research question and data structure?	yes	yes
Diagnosis confirmation	Yes	Yes
Are potential predictors/moderators assessed?	No	No
Are inclusion/exclusion criteria justified?	No	Yes
Are cognitive targets linked to clinical status and functioning?	yes	yes
Do the cognitive training interventions match the perceptual/cognitive/affective processes that characterize the	yes	yes
disorder and/or neural circuits implicated?		
Is the hypothesized therapeutic mechanism supported by research and theory?	yes	yes
Are potential predictors/moderators of outcomes considered?	No	No
Do assessments provide for the elucidation of intervention mechanisms?	Yes	No
Are retention/completion rates assessed and reported?	yes	NA
Are cognitive/functional outcomes distinguishable from practice effects?	yes	No
Are valid measures of proximal and more distal outcomes included?	yes	No
Does the plan include measures at multiple levels of analysis (e.g., genes, molecules, cells, circuits, physiology, behavior, and self-report) as appropriate?	yes	No
Is cognitive training intended as a monotherapy or as an adjunctive treatment? Are concomitant treatments considered in the assessment and analysis plan?	Monotherapy	Monotherapy
How might the proposed concomitant therapies potentiate or interfere with cognitive training effects?	NA	NA
Are concomitant treatments held constant across treatment conditions and/or quantified and considered in analyses?	NA	NA
s the comparison condition justified in terms of the research question and stage of intervention	NA	NA
development/testing?		
Does the comparison condition control for attention, expectations, and potential practice effects associated with craining/assessment protocols, as appropriate?	NA	NA
Are all relevant stakeholders considered?	No	No



Appendix 7 - Quality of Evidence in Auditory Processing Domain

No	Author	Year	Design	Diagnosis/N/Age/S	Sex	Inclusion/ Exclusion Criteria	Intervention		Implement ation strategies	Measures	Results
				Case	Control		Case	Control			
7	Wecks tein, S. M.	2017	Before-After	Fifteen children/adolesc ents between the ages of 9 and 19 years with ASD and comorbid ADHD		No	CWMT is a computer-based program that consists of 13 auditory, visual, visual spatial, and combined exercises that are practiced for 45 minutes a day, 5 days a week, for 5 weeks.		computer based game play	Battery of tests	The retrospective chart analysis and follow-up demonstrated improvement in attention and focus, impulsivity, emotional reactivity, and academic achievement in individuals with ASD and comorbid ADHD.  Those benefits remained the same or increased over time.  A number of participants also had benefits in their social interaction/social awareness.
11	Sophie Goldin gay	2015	Before-After	ASD N=5 4 males 1 female Mean age=13.5 years		No	The intervention had a number of activities. Firstly, it included activities designed to develop flexible thinking. The main activity each week was to work as a group to develop a storyboard with accompanying characters and narrative, with the group aim being to prepare a 'movie' to film on the final week of the study. They then negotiated a storyboard with their fellow participants and designed and set up props for the movie.		Group based intervention	Hayes Ability Screening Index. Associate Fluency Tests. Social Skills Improvement System. Animated Movie Test.	A large decrease was found in parent rating of their child's level of hyperactivity (12.8, SD= 2.3; 11, SD = 2.2) (p = 0.034) (Cohen's d = 0.95). Parents increased their rating of their child's cooperation and empathy (Cohen's d = 0.71 and 0.56, respectively).  A medium effect for flexible thinking was observed in three items (Cohen's d = 0.5 to 0.62) and a large effect for one item (Cohen's d = 1.35). Adolescents decreased self-scoring on the social scale post intervention.

# Appendix 8 - Summary of Findings in Executive Function Domain

No	No Author Year		Design	Diagnosis/N/Age/	iagnosis/N/Age/Sex		Inclusion/ Intervention Exclusion Criteria		Implement ation strategies	Measures	Results
				Case	Control		Case	Control			
12	Kerns, K. A.	2017	Before-After	ASD N=7 4 Males 3 Females Mean Age:8.17 years		Exclusion: Any history of traumatic brain injury, chronic health problem, inability to verbally communicate, or diagnosis of an intellectual disability based on information provided by special education staff and parent or caregiver.	The Caribbean Quest (CQ) is a 'serious game' that consists of five hierarchically structured tasks, delivered in an adaptive format, targeting different aspects of attention and/or working memory. In addition to game play, the intervention incorporates metacognitive strategies provided by trained educational assistants (EAs), to facilitate generalization and far transfer to academic and daily skills.		Computer Game	Measures of distractibility (The Sad and the Happy Ghost), divided attention (The Owls), and attention shifting=flexibility (The Dragons' House) were administered from the computerized battery of the Test of Attentional Performance for Children./Psychometric evaluations of WM included the Digit and Spatial Span tasks from the WISC-IV — Integrated./ The study utilized the AIMS web curriculum-based measure of oral reading fluency.	Pre- and post-test analyses revealed significant improvement on measures of working memory and attention, including reduced distractibility and improved divided attention skills. Additionally, children showed significant gains in performance on an academic measure of reading fluency, suggesting that training-related gains in attention and working memory transferred to classroom performance. Exit interviews with EAs revealed that the intervention was easily delivered within the school day, that children enjoyed the intervention, and that children transferred metacognitive strategies learned in game play into the classroom.

No	Author	Year	Design	Diagnosis/N/Age/	/Sex Inclusion/ Exclusion Criteria		Intervention		Implement ation strategies	Measures	Results
				Case	Control		Case	Control			
18	Benya korn, S.	2018	Before-After	ASD-low N=26 Mean age=11.1 years.		Children aged 8-17 years with a diagnosis of ASD, IQ≤85, and normal to corrected normal vision and hearing. Exclusion: if there were plans to change current behavioral or pharmacologi cal treatment during the course of the study, if a caregiver reported disruptive behaviors that would interfere with WMT, or if the participant was unable to use a computer or tablet.	All participants were instructed to complete 5 Web-based Cogmed Working Memory Training sessions per week for 5 weeks, for a total of 25 training sessions. There were 2 difficulty levels for participants. Cogmed RM was developed for school-aged TD children, whereas Cogmed JM was for preschool TD children.		web based	The completion rate was defined as the percentage of participants who completed 25 sessions of Cogmed WMT. Participants were considered "adherent" if they finished 25 sessions within 6 weeks. Participants who took longer than 6 weeks to complete the training were considered "nonadherent" with the training protocol. The combined attrition rate was defined as the percentage of participants who did not complete 25 sessions and who were nonadherent with the training protocol. At the end of training, parents completed a questionnaire with 16 Likert-scale and 3 open-ended questions.	Most participants (96%, 25/26) completed the training and indicated high satisfaction (>88%). However, among the participants who completed the training, 5 participants (19%) were unable to finish in 6 weeks, the recommended training period by Cogmed. Parents noted various positive (eg, voice-overs) and negative (eg, particular graphic and sounds associated with a stimulus) features of the game that they thought affected their child's response.

No	Author	Year	Design	Diagnosis/N/Age/	Sex	Inclusion/ Exclusion Criteria	Intervention		Implement ation strategies	Measures	Results
				Case	Control		Case	Control			
21	Sun, I.	2017	Before-After	14 ASD children		NA	This study was designed to verify the effectiveness of an executive functions stimulation program (EFS) during the regular speechlanguage therapy sessions. During a 12-week period of regular speechlanguage therapy, the following areas were focused: working memory, cognitive flexibility, central coherence, inhibitory control and specific language aspects.		Individual session		The average performance of children in the stimulation was 85%, ensuring the effectiveness of EFS.  The association analysis between pre- and post-EFS performance with FCP a significant improvement was observed in the occupation of the communicative space and the percentage of interactivity.
22	Claudi a List Hilton	2014	Before-After	ASD N=7 4 males 3 females Mean age=9.86 years.		A diagnosis of ASD, a full-scale IQ score of ≥70, and a willingness to participate in the Makoto arena intervention approximately 3 times per week were required for inclusion in this study.	Participants completed 2-min sessions of Makoto arena intervention a minimum of 3 times per week until 30 intervention sessions were completed, with each participant attempting to strike the target approximately 1,800 times.			Behavior Rating Inventory of Executive Function (BRIEF) BOT-2	Strong correlations were seen between certain EF and motor scores, suggesting a relationship between the two constructs. Participants increased their average reaction speed (effect size 5 1.18). Significant improvement was seen in the EF areas of working memory and metacognition and the motor area of strength and agility. Findings suggest that use of exergaming, specifically the Makoto arena, has the potential to be a valuable addition to standard intervention for children with ASD who have motor and EF impairments.

No	Author	Year	Design	Diagnosis/N/Age	-/Sex	Inclusion/	Intervention		Implement	Measures	Results
140	Autiloi	icai	Design	Diagnosis/ N/ Age	E/ 3EX	Exclusion	intervention		ation	IVICASUICS	Nesuits
				Case	Control	Criteria	Case	Control	Strutegies		
40	Hajri, M.	2017	Before-After	Case  ASD N=16 Mean age= 10.87 years.	Control	The inclusion criteria are: -Diagnosis of ASD according to the DSM-5Cognitive difficulties reported by parentsOn a stable dose and type of medication, for at least one month prior to inclusionAge between 6 and 21Regular school curriculum.  Participants are not included if they had: -a history of seizures or any other neurological disorder -a history of a chronic medical condition -mental retardation.	Case  Cognitive remediation therapy CRT was set out in the Frontal/Executive program. It is an individual treatment mostly using pencil and paper tasks and relying on cognitive strategy instruction. It is implemented once a week for between 45 and 90 minutes. The duration of the intervention generally ranges between four and six months. In the program three modules are included, and delivered in the following order: cognitive flexibility, working memory and planning.	Control	Individual sessions	IQ: Raven Progressive Matrices (CPM). Cognitive flexibility: verbal and semantic fluency tests. Inhibition: using either the Hayling Sentence Completion Task, or the Colors and Animals Attention Test (CAAT). Working memory: the mean of forward and backward digit span. Planning: the mean of The Rey-Osterrieth Complex Figure (ROCF).	Twenty-five subjects were included. 16 patients completed the program.  After cognitive remediation, children showed significant improvement in intellectual abilities (p<10-3), scores of phonemic flexibility (p = 0.027), working memory (p = 0.003 for the forward digit-span and p = 0.003 for the backward digit-span), clinical symptoms (p<10-3) and school results (p = 0.001).

No	Author	Year	Design	Diagnosis/N/Age/S		Inclusion/ Exclusion Criteria	Intervention		Implement ation strategies	Measures	Results
48	Sun, I. Y. I.	2017	Before-After	ASD N=20 Age range =5 to 12 years.	Control		Case  The SEF program involved the use of game activities to facilitate the child's cognitive flexibility, operational memory, inhibitory control, and central coherence.	Control		The data used in this study referred to:  • the number of communicative acts expressed per minute,  • occupation of the communicative space  • percentage of interactivity, and  • the use of different communicative means (verbal, vocal, or gestural)	The findings suggested that there were differences between the children's preand posttest performance. Significantly different performances were observed in the areas of occupation of communication space, proportion of communicative interactivity, and social-cognitive performance.
20	Majid Naeei mi	2013	Randomized Clinical Trial	ASD-H N=41 Age rang= 5 to 8 years.		All children who participated in the study needed to 5 to 8 years old diagnosed as high functioning autism by a verified child psychiatrist.	Experimental instrument in this study was David Pal's unit that is manufactured by Mind Alive Inc. This device consists of a main controller, a headset, a forward glass a wire and power supply interface. There are buttons on the unit to adjust the power button, select button (to select the type of incentive program), light intensity and volume buttons, as well as a part input adapter to connect with. It has 18 default programs of audiovisual stimulation that have been used in children with ADHD or LD. The audiovisual stimulation plan in this study was A 5.		Individual sessions	Behavior Rating Inventory of Executive Function (BRIEF)	Considering significance level, outcome indicates that audio visual stimulation used in the present study increased executive function (inhibition, shifting and planning ability) based on Behavior Rating Inventory of Executive Functioning measures (F= 5/55, P<0/05, F= 24/587, P< 0/05, F= 15/28, p<0/05).

No	Author	Year	Design	Diagnosis/N/Age/S	Sex	Inclusion/ Exclusion Criteria	Intervention		Implement ation strategies	Measures	Results
				Case	Control		Case	Control			
	de Vries, M.	2018	Randomized Clinical Trial	WM: ASD 37 Males 4 Females Age:10.5 years Flexibility: ASD 356,4F/Age:10.5	Mock: ASD 35 Males 5 Females Age:10. 6	Yes	The WM training includes five adaptive visuals—spatial WM training tasks with increasing difficulty (repeating sequences of blocks in a grid), and the flexibility and inhibition task remained at a low, nonadaptive level. The flexibility training includes an adaptive switch task and the WM and inhibition task remained at a low, nonadaptive level.	In the mock training, all tasks remain at a low, nonadaptive e level; hence, children do not differ in their reached level. In each intervention condition, all tasks are performed, although only the task being trained is	Individual sessions	The effects of intelligence, autism traits, WM, flexibility, reward sensitivity and Theory of Mind on dropout, improvement during training, and improvement in everyday executive functioning (EF), ASD-like behavior, and Quality of Life (QoL) were studied.	None of the predictors influenced dropout or training improvement. However, 1) more pretraining autism traits related to less improvement in EF and QoL, and 2) higher reward sensitivity was related to more improvement in QoL and ASD-like behavior. These findings suggest that these EF-training procedures may be beneficial for children with fewer autism traits and higher reward sensitivity. However, the exploratory nature of the analyses warrants further research before applying the findings clinically.

No	Author	Year	Design	Diagnosis/N/Ag	ge/Sex	Inclusion/ Exclusion Criteria	Intervention		Implement ation strategies	Measures	Results
				Case	Control		Case	Control			
39	Kouijz er, M. E. J.	2010	Randomized Clinical Trial	ASD N=10 9 males 1 female Mean age=10.43 years.	ASD N=10 8 males 2 females Mean age= 9.14 years.	Inclusion criteria: age between 8 and 12 years, an IQ-score of 80 and above, and the presence of autistic disorder, Asperger disorder or PDD-NOS according to the DSM-IV criteria as clinically diagnosed by a certified child psychiatrist or health care psychologist. Excluded were children using medication, children with a history of severe brain injury, and children with co-morbidity such as ADHD and epilepsy.	The neurofeedback treatment protocol of each participant aimed at decreasing excessive theta power at central and frontal brain areas. Frequency band and electrode placement on the scalp varied across participants and were based on the comparison between the participant's individual QEEG and the Neuroguide database that provides reliable descriptors of normative brain electrical activity and z-scores indicating deviances from normality per Hertz and per scalp location. More information about the QEEG measures can be found under Neurophysiological measures in the Method section. Treatment protocols included Cz (n = 5), Fz (n = 2), and F4 (n = 3) as the main scalp locations that were used for neurofeedback training. The theta frequency bands that were used ranged from 3 to 7 Hz (n = 3), 3 to 8 Hz (n = 2), 3 tp 6 Hz (n = 1), 4 to 7 Hz (n = 1), 4 to 8 Hz (n = 1).		School based	Test of Sustained Selective Attention (TOSSA) Trail Making Test (TMT) Tower of London (TOL) Social Communication Questionnaire (SCQ) Social Responsiveness Scale (SRS) Children's Communication Checklist (CCC-2) QEEG	Parents of participants in the neurofeedback treatment group reported significant improvements in reciprocal social interactions and communication skills, relative to the parents of the control group.  Set shifting skills improved following neurofeedback treatment relative to the control group. The reduction of theta power is assumed to reflect modulation of activity in the anterior cingulate cortex (ACC), which is known to be involved in social and executive dysfunctions in autism.

No	Author	Year	Design	Diagnosis/N/Age/	Sex	Inclusion/ Exclusion Criteria	Intervention		Implement ation strategies	Measures	Results
				Case	Control		Case	Control			
43	Kenwo rthy, L.	2014	Randomized clinical trial	ASD N=47 87% male Mean age=9.49 years.	ASD N=20 90% male Mean age=9.5 8 years.	NA	Unstuck and On Target (UOT) is an executive function (EF) intervention for children with autism spectrum disorders (ASD) targeting insistence on sameness, flexibility, goal setting, and planning through a cognitive-behavioral program of self-regulatory scripts, guided/faded practice, and visual/verbal cueing. UOT is contextually-based because it is implemented in school and at home, the contexts in which a child uses EF skills.	Social skills interventio n (SS)		Measures of pre–post change included classroom observations, parent/teacher report, and direct child measures of problem-solving, EF, and social skills.	Interventions were administered with high fidelity. Children in both groups improved with intervention, but mean change scores from pre- to postintervention indicated significantly greater improvements for UOT than SS groups in: problem-solving, flexibility, and planning/organizing. Also, classroom observations revealed that participants in UOT made greater improvements than SS participants in their ability to follow rules, make transitions, and be flexible. Children in both groups made equivalent improvements in social skills.

Appendix 8 - Summary of	of Findings in Execu	tive Function Domain
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No	Author	Year	Design	Diagnosis/N/Age/	'Sex	Inclusion/ Exclusion Criteria	a s		Implement ation strategies	Measures	Results
				Case	Control		Case	Control			
62	de Vries, M.	2015	Randomized Clinical Trial	VM=ASD 27 males 4 females Mean age:10.5 years IQ:112 Flexibility:ASD 25 males 2 females Age:10.7 IQ:112.7	Mock=A SD 30 males 2 females Age:10. 5 IQ:106.8	The WISC-III subtests Vocabulary and Block Design, used to estimate IQ, correlate highly with Full Scale IQ, and have good reliability	Each child performed one of three intervention-conditions of "Braingame Brian" (Prins et al., 2013); a WM training, a flexibility-training, or a mock-training. In each intervention-condition all EF tasks were performed but whether the level was adaptive differed per intervention-condition. The WM-training included five adaptive WM-training-tasks with increasing difficulty, and the other tasks remained at a low level. The flexibility-training included an adaptive flexibility task, and the other tasks remained at a low level.	In the mock-training all tasks remained at a low, non-adaptive level. In the flexibility-training and mock-training only the first most basic task of the five WM-training tasks was performed .	computer based game	1) near-transfer to WM and flexibility tasks resembling the training-tasks; 2) near-transfer to WM and flexibility tasks differing from the training tasks; 3) far-transfer to inhibition and sustained attention tasks; and 4) far-transfer to daily life.	Attrition-rate was 26%. Children in all conditions who completed the training improved in WM, cognitive flexibility, attention, and on parent's ratings, but not in inhibition. There were no significant differential intervention effects, although children in the WM condition showed a trend toward improvement on near-transfer WM and ADHD-behavior, and children in the cognitive flexibility condition showed a trend toward improvement on near-transfer flexibility.

No	Author	Year	Design	Diagnosis/N/Age/	Sex	Inclusion/ Exclusion Criteria			Implement ation strategies	Measures	Results
				Case	Control		Case	Control			
57	Acero- Ferrer o, M.	2017	Single subject	ASD N=7 Mean age=7.7 years.		Inclusion: be aged between five and 12; not presenting any associated physical disability; reflected the severity and ongoing involvement of each of the domains under study.	The Executive Functions Intervention Programme for Children with Autism (PIFENA). During the initial stage the evolution data of each participant were collected through the PIFENA programme level testing. This initial stage was set at three, four, five, six, eight, nine and 10 sessions respectively for the seven participants, from which the treatment stage was introduced. (36 treatment sessions over three months, three weekly sessions lasting 30 minutes each, in which a task from each of the blocks was performed)		computer based game	The Childhood Executive Function Inventory (CHEXI) The evolution of each participant was recorded weekly.	The results of the pre-test-post-test analysis in both groups of respondents show statistically significant differences in the two questionnaire factors: Total working memory and Total inhibition.  The need to focus assessment and intervention for people with autism on difficulties in everyday executive functioning for optimal psycho-social adaptation of the individual to their environment is emphasized.

Author	ſ	Ī												
Author	Sander M. Weckstein	Sophie Goldingay	Kerns, K. A.	Songpoom Benyakorn	Majid Naeeimi	Sun, I.	Claudia List Hilton	de Vries, M.	Mirjam E.J. Kouijzer	Hajri, M.	Lauren Kenworthy	Sun, I. Y. I.	Acero- Ferrero, M.	Marieke de Vries
Year	2017	2013	2017	2018	2013	2017	2014	2018	2009	2017	2014	2017	2017	2014
Sub-Category	EF	EF	EF	EF	EF	EF	EF	EF	EF	EF	EF	EF	EF	EF
Design	Before- After	Before- After	Before- After	Before- After	RCT	Before- After	Before- After	RCT	RCT	Before- After	RCT	Before- After	Single subject	RCT
Are randomization procedures clearly detailed and justified?	NA	NA	No	No	No	No	NA	Yes	Yes	NO	Yes	No	NA	Yes
Are intervention protocols standardized?	yes	Yes	Yes	Yes	yes	Yes	Yes	Yes	Yes	NO	Yes	No	Yes	Yes
Are there plans to monitor fidelity and operationalize the delivery of the experimental and comparison conditions?	yes	NA	Yes	NI	yes	No	Yes	Yes	Yes	NO	Yes	No	Yes	Yes
Are statistical approaches state of the art and appropriately matched to the research question and data structure?	yes	Yes	Yes	NI	yes	Yes	Yes	yes	Yes	NO	Yes	yes	Yes	Yes
Diagnosis confirmation	Yes	Yes	Yes	Yes	Yes	NA	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Are potential predictors/moderators assessed?	No	No	No	Yes	NI	No	No	Yes	No	Yes	Yes	No	No	yes
Are inclusion/exclusion criteria ustified?	No	No	Yes	Yes	NI	NA	Yes	Yes	Yes	Yes	NI	NI	Yes	Yes
Are cognitive targets linked to clinical status and functioning?	Yes	yes	Yes	yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Do the cognitive training nterventions match the perceptual/cognitive/affective processes that characterize the disorder and/or neural circuits mplicated?	yes	yes	Yes	yes	NA	Yes	Yes	Yes	Yes	Yes	Yes	yes	Yes	yes
s the hypothesized therapeutic mechanism supported by research and theory?	yes	yes	Yes	yes	NA	Yes	Yes	Yes	Yes	Yes	Yes	yes	Yes	Yes
Are potential predictors/moderators of putcomes considered?	No	Yes	No	No	No	NO	No	Yes	Yes	No	Yes	No	No	yes

Appendix 9 - Quality Assessment of A	rticles in Exe	ecutive Fund	tion Domair	1										
Do assessments provide for the	No	Yes	Yes	Yes	NA	NA	NA	Yes	Yes	Yes	Yes	No	Yes	yes
elucidation of intervention														
mechanisms?														
Are retention/completion rates	No	NA	Yes	Yes	yes	NO	Yes	Yes	Yes	No	Yes	yes	Yes	yes
assessed and reported?														
Are cognitive/functional outcomes	yes	yes	Yes	NA	Yes	NO	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes
distinguishable from practice														
effects?														
Are valid measures of proximal and	No	No	No	Yes	Yes	NO	Yes	Yes	Yes	Yes	Yes	No	No	yes
more distal outcomes included?														
Does the plan include measures at	No	No	No	No	No	NO	No	No	No	No	No	No	No	Yes
multiple levels of analysis as														
appropriate?														
Is cognitive training intended as a	monoth	Monoth	Monoth	Monoth	Monoth		Monoth	Monoth	Monoth	Monoth	Monoth	speech	Monoth	Monoth
monotherapy or as an adjunctive	erapy	erapy	erapy	erapy	erapy		erapy	erapy	erapy	erapy	erapy	therapy	erapy	erapy
treatment? Are concomitant														
treatments considered in the														
assessment and analysis plan?														
How might the proposed	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	yes	NA	NA
concomitant therapies potentiate														
or interfere with cognitive training														
effects?														
Are concomitant treatments held	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	yes	NA	NA
constant across treatment														
conditions and/or quantified and														
considered in analyses?														
Is the comparison condition	NA	NA	NA	NA	NA	NA	NA	Yes	NA	NA	NA	NA	NA	Yes
justified in terms of the research														
question and stage of intervention														
development/testing?														
Does the comparison condition	NA	NA	NA	NA	NA	NA	NA	Yes	NA	NA	NA	NA	NA	Yes
control for attention, expectations,														
and potential practice effects														
associated with														
training/assessment protocols, as														
appropriate?														
Are all relevant stakeholders	Yes	No	No	Yes	No	No	No	No	No	No	No	No	No	No
considered?														



Appendix 10 - Quality of Evidence in Executive Function Domain

Appendix 11 - Summary of Findings in Social Cognition Domain

No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
2	Russo- Ponsara n, N. M.	2014	Single subject	ASD N=3		Eligible children (a) were verbal, (b) between the ages of 8 and 14 years old, (c) had a full-scale IQ greater than 80 on the Wechsler Abbreviated Scale of Intelligence (WASI), (d) were diagnosed with an ASD, and (e) screened in with deficits in facial emotion recognition.	The MiXTM includes opportunities for repeated practice, progress monitoring and testing modules, and didactic instruction on facial displays of emotion. Accordingly, the MiXTM was used as both an assessment measure (pretest, proficiency tests, and posttests) and an intervention mechanism. The MiXTM provides training of seven emotions—joy, sadness, anger, fear, surprise, disgust, and contempt.) and augmenting with coaching and imitation components.			Emotion recognition	Social Communication Questionnaire (SCQ) Autism Diagnostic Observation Scale (ADOS) Wechsler Abbreviated Scale of Intelligence (WASI) Comprehensive Affective Testing System (CATS) Name Affect Comprehensive Affective Testing System (CATS) Three Faces Diagnostic Analysis of Nonverbal Accuracy (DANVA) Child Faces Test Nonverbal Awareness Composite	Three pilot participants demonstrated improved facial emotion recognition (accuracy and speed) of dynamic and static presentations of facial expressions and self-expression. Some improvements persisted 5 weeks after training. Results support the acceptability and feasibility of the training program."
8	Lacava, P. G.	2010	Single subject	ASD/N=4/ Age range 7 to 9 year		NA	Computer software (Mind Reading: The Interactive Guide to Emotions)		Computer based training game	Emotion recognition	Cambridge Mindreading Face- Voice Battery for Children (CAM-C)	After using Mind Reading for 7 to 10 weeks with a tutor, four boys with ASD improved ER scores and social interactions with peers. However, observed behavior changes were not strong enough to claim a causal relationship between variables.

No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
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17	Matsud a, S	2014	Single subject	2 boys with autism/4 years and 8 years		No	The movies of situations and pictures of facial expressions represented happy, surprised, angry and sad emotions. The child with ASD was required to select the picture of facial expression when presented with the movie of socioemotional situations as a sample stimulus, and if so, whether these skills can be generalized to untrained stimuli.		Computer based training	Emotion recognition	Correct response rate	The results demonstrated that both children learned the relationships and improved their performance with untrained stimuli.

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No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
26	Russo- Ponsara n, N. M.	2016	Random ized Clinical Trial	ASD/N=12/ Mean age= 10.6 years.	ASD/N= 13/ Mean age= 12.4 years.	Eligible participants (a) were between the ages of eight and 15 years old, (b) were diagnosed with an ASD, (c) had a full-scale IQ ≥ 80, (d) were verbal, and (e) demonstrated deficits in facial emotion recognition.	The intervention was a modification of a commercially-available, computerized, dynamic facial emotion training tool, the MiX by Humintell.  Modifications were introduced to address the special learning needs of individuals with ASD and to address limitations in current emotion recognition programs. Modifications included: coach-assistance, a combination of didactic instruction for seven basic emotions, scaffold instruction which included repeated practice with increased presentation speeds, guided attention to relevant facial cues, and imitation of expressions. Training occurred twice each week for 45–60 min across an average of six	Waitlist control	web based	Emotion Recognition	Outcome measures included (a) direct assessment of facial emotion recognition, (b) emotion self-expression, and (c) generalization through emotion awareness in videos and stories, use of emotion words, and self-, parent-, and teacher-report on social functioning questionnaires.	The facial emotion training program enabled children and adolescents with ASD t more accurately and quickly identify feelings in facial expressions with stimuli from both the training tool and generalization measure and demonstrate improved self-expression of facial emotion.

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				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
28	Golan, O.	2010	Non- randomi zed clinical trial	ASD/N=20/1 5 male,5 female/Age range=4-7y	ASD/N= 19/ 15 male/ 4 female/ & Normal, N=18/ 12 male, 6 females.	NA	This study assessed whether independent use of The Transporters DVD, with parental supervision, improves emotion recognition and contextual understanding of emotions in children between the ages of four and seven with ASC. The intervention took place over a period of 4 weeks.		watching a DVD at home	Emotion recognition	British Picture Vocabulary Scale (BPVS) Children's Autism Spectrum Test (CAST)	The intervention group improved significantly more than the clinical control group on all task levels, performing comparably to typical controls at Time 2. We conclude that using The Transporters significantly improves emotion recognition in children with ASC.
30	Silver, M.	2001	Random ized Clinical Trial	ASD/ N= 11/ Mean age= 13 y 11m.	ASD/ N= 11/ Mean age= 14 y 11 m.		The experimental group used the Emotion Trainer during 10 daily computer sessions (over 2 to 3 weeks)		daily computer sessions	Emotion Recognition	The British Picture Vocabulary Scale (BPVS) The Facial Expression Photographs from Spence, Emotion Recognition Happe's Strange Stories	Within-program data showed a significant reduction in errors made from first to last use. Students were assessed pre- and post-intervention using facial expression photographs, cartoons depicting emotion-laden situations, and non-literal stories. Scores were not related to age or verbal ability. The experimental group made gains relative to the control group on all three measures. Gains correlated significantly with the number of times the computer program was used and results suggest positive effects.

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No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
44	Rodgers,	2015	Random	ASD/N= 30/	ASD/N=	Inclusion	The summer MAX		group	Emotion	Wechsler	Results indicated
	J. D.		ized	26 male, 4	30/	criteria: a	program is a		based	recognition	Intelligence Scales	significantly better
			Clinical	female/	28male,	prior	comprehensive		psychosoc		for Children –	encoding of sad at
			Trial	Mean age=	2	diagnosis of	psychosocial		ial		Fourth Edition	posttest for the
				9.33	female/	ASD from a	intervention that		interventi		(WISC-IV) IQ was	treatment group on the
				years/Mean	Mean	licensed	targets social skills, non-		on		assessed using a 4-	extent (d=.58) and
				IQ=102	age=9.3	physician or	verbal				subtest short form	forced-choice (d=.56)
					3/Mean	psychologist,	communication/emotio				of the WISC-IV	ratings. Between-
					IQ=103	a WISC-IV	n-decoding skills,				(Wechsler 2003)	groups differences in
						short-form IQ	nonliteral language				consisting of Block	encoding of the other
						score >70	skills, and interest				Design, Similarities,	emotions at posttest
						(and a Verbal	expansion. It was				Vocabulary, and	were non-significant.
						Comprehensio	conducted				Matrix Reasoning	
						n Index [VCI]	approximately 7.5 h per				subtests.	
						or Perceptual	day, 5 days a week, over				/Comprehensive	
						Reasoning	a 5-week period during				Assessment of	
						Index [PRI]	the summer. Each day				Spoken Language	
						score ≥80), a	included five 70-min				(CASL)./Autism	
						Comprehensiv	treatment cycles that				Diagnostic	
						e Assessment	involved 20-min of				Interview-Revised	
						of Spoken	intensive skills				(ADI-R)./Facial	
						Language	instruction and practice,				Decoding	
						(CASL) short-	followed by a specially				Competency	
						form	designed 50-min				Test./Encoding	
						expressive or	therapeutic activity that				Photographs./The	
						receptive	allowed for practice of				Facial Affect Rating	
						language	the skill targeted during				Form (researcher-	
						score ≥80,	the skills instruction. A				developed).	
						and no	majority of the 20-min					
						significant	instruction periods was					
						problems with	dedicated to social skills					
						aggressive or	instruction.					
						self-injurious						
						behavior.						

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Williams , B. T.	2012	Random ized Clinical Trial	ASD/ N=28/89% male/Age range=62.83 months.	ASD/N= 27/85% male/Ag e range=6 1.93 months.	Inclusion criteria: (a) met criteria for a diagnosis of autistic disorders based on current assessments, and case reviews by the author; (b) were aged from 4 to 7 years at baseline; (c) were able to complete a WPPSI-III cognitive assessment at baseline or had completed one in the past 12 months; and (d) had not previously watched the	The Transporters is an animated and narrated children's television series designed to provide training in emotion recognition skills to children with ASDs aged 3–8 years. The programme consists of 15 five-minute episodes portraying 15 key emotions, including the six basic emotions and nine more complex emotions and mental states (e.g. excited, unfriendly, proud and jealous). The Transporters programme includes interactive quizzes to reinforce emotional learning and a Parent User Guide. Parents were encouraged to use the guide and help their child complete the quizzes.	Thomas the Tank Engine series five was used to control for time spent watching children's DVDs. It was chosen due to similarities with the Transport ers programm e.	watching a DVD	Emotion Recognition	WPPSI-III/NEPSY-II/ADOS/Emotion identification and emotion matching tasks	Analyses controlled for the effect of chronological age, verbal intelligence, gender and DVD viewing time on outcomes. Children in the intervention group showed improved performance in the recognition of anger compared with the control group, with few improvements maintained at 3-month follow-up. There was no generalization of skills to TOM or social skills. The Transporters programme showed limited efficacy in teaching basic emotion recognition skills to young children with autism with a lower range of cognitive ability. Improvements were limited to the recognition of expressions of anger,

59 Gev, T.	2017	Random ized Clinical Trial	ASD-HF/ N=77 / Age rang= 4-7 years devided to 4 groups: 1. Transporter s with Parental Support (TT+PS): N=15, 13 male, 2 females, Mean age= 5.99 years/ 2. Transporter s with no parental support (TT): N=14, 13 male, 1 female, Mean age=5.89 years/ 3. Control series with parental support (CS+PS): N=16, 14 male, 2 females, Mean age=m.34 years/4. Control series with no parental support (CS): N=16, 14 male, 2 females, Mean age=m.34 years/4. Control series with no parental support (CS): N=14, 10 male, 4 females, Mean age= 5.30 years.	Typically Developi ng (TD)/N= 25, 21 male, 4 females, Mean age= 4.86.	WPPSI subtest standardized scores >6, and VABS communicatio n score>80. diagnosed with ASD according to established DSM-IV-TR criteria, and meeting criteria for ASD on the Autism Diagnostic Observation Schedule (ADOS-2).	The Transporters (TT) animated series. TT aims to teach children with ASD about emotions, their causes and effects, and their corresponding facial expressions. In order to motivate children with ASD to learn about emotions and to look at facial expressions, reallife faces of actors expressing emotions were grafted onto eight rail-based vehicle characters, who take part in the series' fifteen five-minute long episodes. Each episode focuses on a key emotion or mental state.		computer based	Emotion	Emotion Recognition tasks: Emotion recognition skills were tested using a Hebrew translation of the original 3 level computerized tasks (CT), used to evaluate TT in the UK/ Emotion Vocabulary Task: This verbal task was also adapted from Golan et al. (2009), and was administered three times, at times 1-3. The task evaluates participants' emotional vocabulary by asking them to define the 16 emotion words included in TT.	Compared to the control series, watching TT significantly improved children's ER skills at all generalization levels, with good skill maintenance. All groups improved equally on EV. The amount of parental support given, in the groups that had received it, contributed to the generalization and maintenance of ER skills. Autism severity negatively correlated with ER improvement.
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No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
32	White, S. W.	2018	Case- Control	ASD/N=20/ 18 male, 2 female/Mea n age:122.50 months.	TD/N=2 0/ 14 male/6 female/ Mean age=129 .75 months.	clinical diagnoses of ASD & confirmation with standard tools	A novel system to detect and give real-time feedback on these processes, termed facial emotion expression training (FEET), an automated, game like system that is based on 3-dimensional sensing (Kinect) technology.	#	Face to face individual training sessions using PC.	Emotion recognition	NEPSY-II Facial Affect Recognition Test./Feasibility Questionnaire: The questionnaire comprised six questions, the first four of which were answered on a Likert scale from 1 (very easy/very fun/absolutely) to 5 (very hard/very not fun/absolutely not).	There were group differences with respect to the enjoyability of FEET. The ASD group reported a higher mean enjoyability rating for FEET than did the TD group. / the ASD group demonstrated more impairment in FER based on the NEPSY-II AR, even when controlling for IQ. The ASD group had a mean standard score on the AR test of 10.50 (2.54) and the TD group's mean standard score was 12.00 (1.97), both of which fall in the average range.

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No	Author Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
			Case	Control	Criteria	Case	Control	strategies	Sub- Category		
6	Weiss, J. 2018 A.	Random ized Clinical Trial	ASD children and their parents/N=3 5/Mean age=9.63 years/ 11.4% female.	ASD children and their parents/ N=33/M ean age=9.8 8 years/ 12.1% female.	inclusion criteria: (a) an ASD diagnosis from a qualified clinician, (b) scores above the cutoff on (SCQ cutoff >14) or SRS-2 Total T-Score (cutoff >59); (c) 8–12 years of age; (d) parent report of child difficulties managing emotions; and (e) a willingness to attend research and therapy appointments.	Secret Agent Society: Operation Regulation. The SAS: OR intervention targets ER in children with ASD through 10 sessions of manualized, individual tCBT. The original Secret Agent Society employed a group- based spy-themed curriculum to address social skills in children with ASD. SAS: OR employs the same spy theme, and some of the same materials and activities, but omits the social skills curriculum. Instead, SAS: OR includes specific activities meant to improve emotion regulation.			Emotion Regulation	The Children's Emotion Management Scales. /The Dylan is Being Teased and James and the Maths Test openended tasks. /Parent report of child ER ability was assessed using the 24- item Emotion Regulation Checklist. / The Emotion Regulation subscale measures empathy, understanding of emotions, and appropriate displays of emotion. / The Emotion Regulation and Social Skills Questionnaire (ERSSQ-P) a 27-item parent-report	Children in the treatment immediate condition demonstrated significant improvements on measures of emotion regulation (i.e., emotionality, emotion regulation abilities with social skills) and aspects of psychopathology (i.e., a composite measure of internalizing and externalizing symptoms, adaptive behaviors) compared to those in the waitlist control condition. Treatment gains were maintained at follow-up.

No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
14	Thomso n, K.	2015	Before- After	ASD/N=14/ 13 male, 1 female/Age range 8 to 12 years.		inclusion criteria: (a) a confirmed ASD diagnosis; (b) average intellectual functioning (IQ>80); (c) between the ages of 8 and	The Secret Agent Society: Operation Regulation, is an individualized spy themed intervention that instead targets ER. Each 1-h session was made up of a progress check, multimedia activities such as		face to face/using Multimedi a	Emotion Regulation	Emotion Regulation Checklist (ERC) Anxiety Disorders Interview Schedule: Parent Interview- 4th Edition (ADIS-P- IV)/ Behavior Assessment System for Children-2nd Edition (BASC-	Improvements were noted on parent reported child emotional lability, internalizing symptoms, behavioral dysregulation, and adaptive behavior. Improvements were also found based on
						12 years; and (d) demonstrated willingness to attend research and therapy sessions.	computer games, modeling and roleplaying to practice skills, education based in cognitive behavior therapy, relaxation and mindfulness activities, strategies to promote generalization to home and school, and a token reinforcement system to maintain attention and motivation.				2)/Children's Emotion Management Scale: Anger, Sadness, Worry (CEM)/Scenarios. Experimenters read children two scenarios: (1) James and the Math Test and (2) Dylan is Being Teased /Clinical Global Impressions Scale (CGI).	clinician rated overall severity and number of diagnoses on the ADIS- P-IV.

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15	Ingersoll , B.	2012	Random ized Clinical Trial	ASD N=14 13 males 1 female Mean age:39.3 months.	ASD N=13 11 males 2 females Mean age:36.5 months.	No	Reciprocal Imitation Training (RIT) was developed to teach the social function of imitation to young children with autism. RIT uses a blend of naturalistic behavioral and developmental strategies to teach imitation within a social-interactive context. Children in the treatment group received 3 hours per week of RIT for 10 weeks. All children continued to receive their existing educational programming throughout the study.	treatment as usual in the communit y		Focused Imitation	Preschool Language Scale, 4 th Edition (PLS-4) Autism Diagnostic Observation Schedule-Generic (ADOS-G) Early Social Communication Scales (ESCS) Motor Imitation Scale (MIS) The Social- Emotional Scale of the Bayley Scales of Infant Development, 3 rd Edition.	Results indicated the treatment group made significantly more gains in joint attention initiations at post-treatment and follow-up and social-emotional functioning at follow-up than the control group. Although gains in social functioning were associated with treatment, a mediation analysis did not support imitation as the mechanism of action.
3	Wong, C.	2013	Random ized Clinical Trial	between the ages of 3 and 6 years/SP Intervention Teachers, n=5 Children, n=10,JA Intervention Teachers, n=4 Children, n=14	Control (Wait) Teacher s, n=5 Children , n=10	NA	The intervention includes an individualized approach where teachers could choose to implement activities for the whole class, in small groups, and/or in a one-on-one individualized setting.		School Based	Joint attention	Direct observation of Behavior Childhood Autism Rating Scale (CARS) Early Social- Communication Scales (ESCS) Structured play assessment/MSEL	Findings indicate that teachers can implement an intervention to significantly improve joint engagement of young children with autism in their classrooms. Furthermore, multilevel analyses showed significant increases in joint attention and symbolic play skills.

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5	Kaale, A.	2012	Random ized Clinical Trial	ASD/26m/8f /age:47.6m/ mental age:25	ASD/22 m/5f/ag e:50.3m /mental age:30m	inclusion criteria: (a) a chronological age of 24–60 months, (b) a confirmed ICD-10 diagnosis of childhood autism, and (c) attendance in preschool. Exclusion criteria were (a) central nervous system disorders, and (b) non- Norwegian speaking parents.	Receiving JA intervention in addition to ordinary preschool program	ordinary preschool program	school based program	Joint attention	Mullen Scale of Early Learning (MSEL)	there was a statistically significant effect of JA-intervention on frequency of JA-skills during preschool teacher—child play at post-intervention.  Adjusted ER showed that children in the JA-intervention group were almost five times more likely to demonstrate initiation of JA-skills during the 10 min play with preschool teachers as compared to the children in the control group. /There was a statistically significant effect on duration of JE during mother—child play at post-intervention. After adjusting for baseline JE the children in the JA-intervention group were on average 12.2% longer in JE with their mothers compared to the children in the control group. Effect size was moderate (d = .67).

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16 Hans S. G.	, I	Single subject	cross 3 caregiver— child dyads to train caregivers to teach response to joint attention behaviors to their 3— 6 years old children with moderate to severe autism spectrum disorder			Caregiver training involved an individual session including a 30-min PowerPoint® presentation covering (a) general information about joint attention, (b) two prompting hierarchies, and (c) time delay.			Joint attention	Observation	Following caregiver training and coaching, the mean treatment fidelity in the intervention phase was 87.0%. A follow-up session occurred 3 weeks after the intervention ended, and mean treatment fidelity was 83.3%. During baseline, mean percentage of independent child responses was 34.3% for Zoe, 21.5% for Sam, and 38.8% for Josh. During training and coaching, Zoe's mean responses were 46.5%. Following caregiver training, Zoe's mean responses were 45.3%. During training and coaching, Sam's mean responses were 54.0%. Following caregiver training, Sam's mean responses were 48.1% and 56.0% during the 3 week follow-up probe. During training and coaching, Josh's mean responses were 61.7%. Following caregiver training, Josh's mean responses were 79.7% and 75.0% during the 3 week follow-up probe.

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23	Schertz, H. H.	2013	Random ized Clinical Trial	11 toddlers with ASD/age:24. 6m	toddlers with ASD/age :27.5m	criteria: scores above the designated cut-off levels on the ADOS, absence of joint attention during interaction with parents, and chronological age below 30 months at the onset of intervention.	The JAML intervention directly and exclusively addresses the social functions of preverbal communication, targeting engagement at progressively complex levels that begin just beyond the toddler's current capabilities. In the Focusing on Faces (FF) phase, the child is helped to look freely and often to the parent's face. In Turn-Taking (TT) the child engages with the parent in reciprocal repetitive play that acknowledges the other's shared interest by accommodating the parent's turn. Finally, triadic engagement is promoted using toys in the Joint Attention (JA) phase.	Children and parents in the control group participat ed in all assessme nt activities but no JAML interventi on during the study, instead receiving services commonly available in their communit ies as described below.	parent education	Joint attention	The Precursors of Joint Attention Measure (PJAM) Mullen Scales of Early Learning (MSEL) Vineland Adaptive Behavior Scales (VABS) Modified Checklist for Autism in Toddlers (M-CHAT)Autism Diagnostic Observation Schedule (ADOS)	Significant intervention- x-time interactions, favoring the intervention group, occurred for the observational measures Focusing on Faces and Responding to Joint Attention, with both having large effect sizes that maintained at follow-up. In addition, significant intervention- x-time effects, also favoring the JAML group were found for receptive language on the Mullen Scales of Early Learning and the Communication sub- domain of the Vineland Adaptive Behavior Scale.
25	Rudy, N. A.	2014	Single subject	Three participants, two boys and one girl, 4-5-year-old.		No	The video model consisted of a child demonstrating three components of a bid for joint attention with an adult conversational partner: orienting toward the object, emitting a vocal statement, and eye gaze shift toward unique objects in the environment.		Video modeling	Joint attention	Behavioral rating	Results indicated that video modeling alone was effective in teaching all components of joint attention for two of the three children, whereas video modeling plus in vivo prompting was effective for the third participant. Further, bids for joint attention did not generalize across novel items for any of the participants.

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35	Yoder, P.	2008	Random ized Clinical Trial	The total number of children assessed for eligibility was 65. Of these, 58 met criteria for inclusion in the study. Using a 'randomized list', children were assigned to joint-attention (n = 20), symbolic-play (n = 21), or control (n ½ 17) groups upon entry into the feeder early-intervention program, and were then assessed for inclusion and pretreatment status.		NA	The treatments were administered 4–5 times a week for 30 min per session for 12 weeks. The staff implemented a combination of didactic (5–8 min) and Milieu teaching (15–25 min), used to teach either joint-attention or symbolic-play goals. The staff–graduate students–were trained to administer both treatments, but once assigned, the interventionist remained with a child for the entire treatment phase.		Individual sessions	Joint attention	The tools used to assess joint attention were a structured experimental procedure called the Early Social Communication Scales (ESCS) and a mother—child free-play session (MCFP). The tools used to assess symbolic play were an experimental procedure called the Structured Play Assessment and the MCFP. The aggregated frequency of child-initiated joint-attention acts (from the ESCS and MCFP) and the duration of child-initiated joint-attention episodes (from the MCFP) were the two joint-attention dependent variables.	The symbolic-play and joint-attention treatments facilitated expressive, but not receptive, global language scores. / Pretreatment correlates of growth rate of receptive and expressive language, respectively, were initiating joint-attention frequency aggregate, responding joint-attention aggregate, symbolic-play level aggregate, and symbolic-play types aggregate. Additionally, duration of child-initiated joint engagement episodes with the mother predicted growth rate of expressive language / the joint-attention and symbolic-play treatments both facilitated long-term growth of aggregated initiating joint-attention skills, compared with the control condition. Similarly, the joint-attention and symbolic-play treatments both facilitated long term improvement in the duration of child-initiated joint engagement in MCFP, compared with the control condition. The symbolic-play treatment facilitated the long-term growth of the number of symbolic play types in MCFP to a greater degree than the joint-attention and control conditions did (respectively).

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36	Nye, C.	2012	Random ized Clinical Trial	ASD/N= 26/18 male, 8 female/ Age rang 24 to 60 months.	ASD/N= 22/17 male, 5 female/ Age rang 24 to 60 months.	inclusion criteria: (a) between 24 and 60 months of age; (b) confirmed ICD-10 diagnosis of childhood autism; (c) attendance in preschool from October 2006 to August 2008. Participants were excluded if they had a record of (a) central nervous system disorder and/or if (b) the parents were non- Norwegian speakers.	Using a modified joint attention approach developed by Kasari, Freeman, and Paparella (2006), the 8-week intervention program was administered on 1:1 ratio by 34 preschool teachers twice a day for 20 min five days per week, for a total of 80 sessions. Teachers participated in a 6-hour pre-intervention training program provided by counselors from the local CAMHC. The counselors had received a 3-day training program on the intervention approach to be implemented prior to their training the teachers.			Joint attention	(a) joint attention: the child's ability to coordinate attention of a social partner on an object or event and (b) joint engagement: a common engagement of both the child and the social partner on the same object or event without the child recognizing the social partner's attention to the object or event. The frequency and duration of joint attention was measured during (a) the administration of the Early Social Communication Scale (child— examiner dyad), (b) the teacher—child play activity, and (c) the mother—child play activity.	Effect on joint attention and joint engagement teacher—child play: A statistically significant effect was shown in favor of the intervention group, who were over four times as likely to exhibit initiation during play with the preschool teacher. No statistical difference was observed on the joint engagement measure of teacher—child play interactions.

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				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
38	Charma n, T.	2012	Random ized Clinical Trial	These were 52 preschooler s meeting criteria for autism following a clinical assessment.		NA	Intervention occurred daily in 30-min one-to-one therapy sessions. The intervention involved application of procedures based on the principles of applied behavior analysis (e.g., prompting, shaping, reinforcement) and developmental approaches (milieu teaching—following child's lead, commenting and expanding, repeating back). Therapists (graduate students) focused on engaging the child in joint attention activities or symbolic (pretend) play activities.		Individual sessions	Joint attention	Outcome measures were counts of shared positive affect and shared positive affect combined with vocalizations during a structured joint attention interaction with an unfamiliar adult (the Early Social Communication Scale; ESCS). High interrater reliability of the outcome variables was reported.	No group differences were found immediately post-treatment for the two shared positive affect variables. However, at the 6- and 12-month follow-ups, both the joint attention and the symbolic play groups showed higher rates of shared positive affect and shared positive affect with vocalizations, as compared to the treatment-as usual control group.
47	Muzam mal, M. S.	2017	Single subject	Three 2–3- year-old toddlers diagnosed with an ASD participated		Toddlers must have been between 2 and 3 years of age, have a diagnosis of ASD, be able to track a desired item to at least four different positions, reach/look at a desired item, respond when someone points to an item by looking at the item, clean up in response to the direction to clean up, and sit while playing with toys for at least 5 min.	We examined a brief social-communication intervention teaching eye gaze in select social-communication contexts while examining generalization to initiating joint attention and interactions with participants' mothers.		Individual Sessions	Joint attention	Behavioral Observation	Two toddlers showed generalization from requesting to joint attention with the interventionist; all three showed generalization to interactions with their mothers in a semi structured play interaction.

Appendix 11 - Summary of Findings in Social Cognition Domain

No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	tai		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
51	Whalen,	2006	Single	ASD/N=4/		NA	Treatment consisted of			Joint	Unstructured Joint	Following participation
	C.		subject	Average			two phases. In the first			attention	Attention	in the intervention,
				age=4 years			phase, Response				Assessment	positive collateral
				2 months/			Training, the child was				Structured Play	changes were observed
				Average			taught to respond				Assessment	in social initiations,
				mental			appropriately to joint				Structured Joint	positive affect,
				age=1 year			attention bids of the				Attention	imitation, play, and
				5			experimenter. This				Assessment	spontaneous speech.
				months/ave			phase took roughly 3				Empathic Response	Results support the
				rage			weeks for each child. In				Mastery of each	hypothesis that
				language-			the second phase,				behavior at 30% of	teaching joint attention
				age			Initiation Training, the				opportunities for	skills leads to
				equivalent			child was taught to				coordinated gaze	improvement in a
				for			initiate joint attention				shifting and 15% of	variety of related skills
				participants			bids to the				opportunities for	and have implications
				was 1 year,			experimenter, including				proto declarative	for the treatment of
				5 months			coordinated gaze				pointing was	young children with
							shifting and proto				required before	autism.
							declarative pointing.				teaching the next	
											behavior.	

Appendix 11 - Summary of Findings in Social Cognition Domain

No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
58	Gulsrud,	2014	Random	The present		NA	These children were			Joint	Adjusted expressive	Results showed that
	A. C.		ized Clinical	sample of 40 children			participants in a randomized controlled			attention	language standard scoresThe	joint attention skills of coordinated joint
			Trial	consists of			early intervention trial				Expressive	looking and showing
				mostly			that found that children				Vocabulary Test	increased over time and
				males (82%)			who received either a				(EVT) coordinated	pointing to share
				with an			joint attention or a				joint looking (CJL)	interest increased over
				average age			symbolic play				ESCS ADOS ADI-	the first year measured
				of 8.8 years			intervention yielded				R	and decreased
				(SD= .6			higher scores in joint					thereafter. These
				years).			attention and play					trajectories were
				The			(Kasari et al., 2006) and					influenced by both
				mothers of			had greater expressive					original treatment
				these			language outcomes one					assignment and
				children			year (Kasari et al., 2008)					diagnostic status at the
				were on			and four years later					follow-up. In addition, a
				average 42			(Kasari et al., 2012).					cross lagged panel
				years old								analysis revealed a
				(SD= 4.9								causal relationship
				years) at								between early pointing
				follow-up								and later language
				and highly								development. This
				educated								study highlights the
				with a mean								longitudinal and
				of 16.9								developmental
				years								importance of measures
				(SD=2.5								of early core deficits in
				years) of								autism and suggests
				education.								that both treatment and
												ASD symptomatology
												may influence growth in
												these skills over time.

4	Chung, U. S.	2016	Random ized Clinical Trial	ASD N=10 8 males 2 females Mean age: 15.8 years Mean IQ:80	ASD N=10 9 males 1 female Mean age:16.3 years Mean IQ:80	Inclusion criteria: 1) between the ages of 13 and 18 years, 2) diagnosed with ASD, 3) having an intelligence quotient (IQ) \$70, and 4) having an ADOS score in the range of 4–7./Exclusion criteria: 1) comorbid Axis I Disorders; 2) history of head trauma; 3) serious or chronic medical illness; 4) IQ ,70; and/or 5) a history of substance abuse.	The ASD adolescents in the game-CBT group were asked to sit in a closed room, log onto the game website, and play the online prosocial game, "Poki-Poki (http://www.pokipoki.co.kr/)", for 1 h/d, 3 times/wk with study personnel (two psychiatric social workers and one psychologist) for 6 weeks.	adolescen ts in the offline-CBT group were asked to participat e in offline-CBT for 1 h/d, 3 times/wk with study personnel for 6 weeks.	online vs offline	Social cognition	At baseline, all ASD adolescents in both groups were evaluated using K-SADS-PL, ADOS, the Social Communication Questionnaire Current form-Korean version (SCQ-K), an activity in which they identified emotional words and facial emoticons, and fMRI. After the last CBT session, all ASD adolescents in both groups repeated the SCQ-K, the activity where they identify emotional words and facial emoticons, and fMRI scanning.	Social communication quality and correct response rate of emotional words and facial emoticons improved in both groups over the course of the intervention, and there were no significant differences between groups. In response to the emotional words, the brain activity within the temporal and parietal cortices increased in the game-CBT group, while the brain activity within cingulate and parietal cortices increased in the offline-CBT group. In addition, ASD adolescents in the game-CBT group showed increased brain activity within the right cingulate gyrus, left medial frontal gyrus, left cerebellum, left fusiform gyrus, left insular cortex, and sub lobar area in response to facial emoticons. A prosocial online game designed for CBT was as effective as offline-CBT in ASD adolescents. Participation in the game especially increased social arousal and aided ASD adolescents in recognizing emotion. The therapy also helped participants more accurately consider associated environments in
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No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
												response to facial emotional stimulation. However, the online CBT was less effective than the offline-CBT at evoking emotions in response to emotional words.
9	Cheung, P. P. P.	2018	Before- After	ASD N=7 Mean age= 12.57 years.		NA	As an initial trial, this study adopted the Friendship Lab program, which was specifically designed to address social-cognitive skills in children with ASD. /10-week social cognitive program		at school	Social Cognition	The Chinese Version Social Skills Improvement System Rating Scales (SSIS-RS-C) Goal Attainment Scaling (GAS) The Friendship Qualities Scale (FQS) The Strange Stories Test The Theory of Mind Inventory – Second Edition (ToMI-2)	The results showed that there is significant increase in goal attainment (GAS) (p = 0.008) and ToM (Strange Stories Test) (p = 0.039). There were increase in the FQS, SSISRS-C, and ToMI scales at post-test, but the gains were not maintained at follow-up.
41	van der Meer, L.	2014	Single subject	a 10-year- old boy		NA	Augmentative and alternative communication (AAC) (iPad®-based)		using iPad	Social cognition	Vineland Adaptive Behavior Scales, second edition (Vineland-II)	a structured behavioral intervention enabled lan to learn to use an iPad®-based SGD for specific communicative skills and as he developed an understanding of the meaning and purpose of these communicative interactions, they gradually became spontaneous and generalized to a wider range of communicative functions used within naturally occurring communicative exchanges

Appendix 11 - Summary of Findings in Social Cognition Domain

No	Author	Year	Design	Diagnosis/N/ Age/Sex	•	Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
42	Soorya, L. V.	2015	Random ized Clinical Trial	ASD N=35 30 males 5 females Mean age:10.05 years Mean IQ:94.86	Control  ASD N= 34 27 males 7 females Mean age:9.87 Mean IQ:9372	Inclusion criteria were as follows: 8- to 11-year-old children with a diagnosis of ASD and a verbal IQ score of > 70. Exclusion criteria were as follows: initiation of new psychiatric medication within 30 days prior to	Case  NETT—A modular CBI-based social skills curriculum for children with ASD ages 4 to 12 was developed in an outpatient autism treatment program over a five-year period. Open label data was collected on fidelity, outcomes, and therapist satisfaction, which led to modifications of the study protocols and manuals during the development phase. Three developmentally progressive modules targeting autism-	Facilitated Play—A treatment manual for the control condition was developed to provide a supportive environm ent for children with ASD participati ng in a social	Group based		Social Responsiveness Scale (SRS), Griffith Empathy Measure, and Children's Communication Checklist-2 (CCC-2). Social Cognition— Direct neuropsychological assessments of social cognition were conducted by blinded, trained raters at baseline, endpoint, and maintenance. Assessments included the	Significant improvements were found on social behavior outcomes such as nonverbal communication, empathic responding, and social relations in the NETT condition relative to the active control at endpoint. Verbal IQ and age moderated the interaction effect on social behavior with higher verbal IQ and older age associated with improvements in the CBI condition. No
						screening, known gross structural abnormalities in the brain, active seizure disorder, and aggression towards others.	specific social cognitive impairments were selected for NETT: nonverbal communication, emotion recognition, and theory of mind.	group setting. The treatment manual described methods to tailor child- directed play based on the interests and abilities of group members.			Diagnostic Analysis of Nonverbal Accuracy-2 (DANVA2), Strange Stories Task, and the Reading the Mind in the Eyes Test (RMET). Social Validity—A 10-item parent satisfaction measure was developed for the study.	significant improvements were found on social cognitive outcomes.

Appendix 11 - Summary of Findings in Social Cognition Domain

No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
61	Kandalaf t, M. R.	2013	Before- After	Eight young adults diagnosed with high-functioning autism completed 10 sessions across 5 weeks.		No	The current study investigated the feasibility of an engaging Virtual Reality Social Cognition Training intervention focused on enhancing social skills, social cognition, and social functioning.		Virtual reality	social cognition	The new Advanced Clinical Solutions for WAIS-IV and WMS-IV Social Perception Subtest (ACS-SP). / The Reading the Mind in the Eyes (Eyes). Another ToM measure, Triangles, also known as the Social Perception Task was additionally selected. / the Social Skills Performance Assessment, Version 3.2 (SSPA) was utilized to assess conversational abilities.	Significant increases on social cognitive measures of theory of mind and emotion recognition, as well as in real life social and occupational functioning were found post training.  These findings suggest that the virtual reality platform is a promising tool for improving social skills, cognition, and functioning in autism.
50	Ratcliffe , B.	2014	Non- randomi zed clinical trial	ASD N=111 100 males 11 females Mean age:9.4 years.	ASD N=106 95 males 11 females Mean age:9.57	No	Emotion-Based Social Skills Training (EBSST): EBSST (Wong et al., 2010) aims to teach children with ASD skills in emotional competence. EBSST is divided into three modules, teaching emotional competence skills in understanding own and others' emotions, emotional problem solving and theory of mind, and emotion regulation skills, following a developmental framework.		group school based	Social cognition	SRS (Autism severity) EDQ (Emotional competence) SSIS-RS (Social skill) Emotion-Based Social Skills Training (EBSST) SDQ (Mental health difficulties)	EBSST improved teacher reported emotional competence as measured by the Emotions Development Questionnaire (EDQ). The effect size was large and improvements were sustained at 6 months follow-up. Parent reported emotional competence and more general measures of social skills and mental health were insensitive to change across informants.

Appendix 11 - Summary of Findings in Social Cognition Domain

No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
10	Friedric h, E. V.	2015	Before- After	ASD N=13 12 males 1 female Mean age= 11.5 years.			16 NFT-sessions. The NFT was based on a game that encouraged social interactions and provided feedback based on imitation and emotional responsiveness. Bidirectional training of EEG mu suppression and enhancement (8–12 Hz over somatosensory cortex) was compared to the standard method of enhancing mu.		Neurofee dback	Social interaction		Children learned to control mu rhythm with both methods and showed improvements in (1) electrophysiology: increased mu suppression, (2) emotional responsiveness: improved emotion recognition and spontaneous imitation, and (3) behavior: significantly better behavior in everyday life.
24	Liu, M. J.	2018	Random ized Clinical Trial	ASD N=28	ASD N=28	Inclusion criteria: (1) age, 6–18 years; (2) having a diagnosis of ASD according to the DSM-5; (3) full-scale intelligence quotient >80; and (4) having the ability to communicate verbally with others without any difficulty.	The 10-session ToM Performance Training (ToMPT) program was developed for teaching emotion understanding and belief attribution on the basis of suggestions from Howlin et al. The topics in the emotion understanding session included recognizing facial expressions across genders and ages as well as identifying situation-, desire-, and belief-based emotions. The topics in the teaching belief attribution session included understanding the principle of seeing that leads to knowing, first and second-order false belief, nonliteral language, white lies, and sarcasm. In the ToMPT program the instructor also used the situations of bullying as the examples to help awareness of emotion.	The 10- session Social Skills Training (SST) program provided instruction on unwritten social rules for daily life, and the topics included appropriate dressing, eating in an appropriate manner, common social interaction courtesy, and guidelines for making friends.		Tom	The self-reported Chinese version of the School Bullying Experience Questionnaire (C-SBEQ).	The paired t test indicated that in the ToMPT group, the severities of both self-reported and mother reported bullying victimization significantly decreased from the pretraining to post training assessments, whereas in the SST group, only self-reported bullying victimization significantly decreased. The linear mixed-effect model indicated that compared with the SST program, the ToMPT program significantly reduced the severity of mother reported bullying victimization. The present study supports the effects of ToMPT on reducing mother-reported bullying victimization in children and adolescents with high functioning ASD.

Appendix 11 - Summary of Findings in Social Cognition Domain

No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
34	Paynter, J.	2013	NON- randomi zed clinical trial	ASD N=17 Mean age:79.41 months.	ASD N=7 Mean age:94.7 6 months.	NA	Using two-dimensional cardboard stimuli (e.g., dolls, bubble cut-outs, pictured props, and rooms with door flaps), each child in the experimental group individually received training in how to represent beliefs via cartoon bubbles.		individual training sessions	ТоМ	The Peabody Picture Vocabulary Test (PPVT) a standardized test of semantic language skill Test for Reception of Grammar (TROG- 2) Raven's Progressive Matrices ToM Scale	Statistically significant gains were made by trained children that, furthermore, (a) generalized beyond falsebelief to other ToM concepts and (b) were maintained for at least 3 weeks.  Control children showed no significant gains of any kind despite their close match to trained children at pretest.
37	de Veld, D. M. J.	2017	Random ized Clinical Trial	AS N=136 90% male Mean age= 9.66 years.		Eligibility criteria of: (1) an ASD according to the DSMIV-TR, based on multiple assessments by psychologists and psychiatrists not involved in this study; (2) a verbal IQ score >70 based on the Peabody Picture Vocabulary Test-III-NL (PPVT).	The "Mini ToM intervention" is a manualized, weekly intervention comprising eight 1-h sessions. All sessions followed the same structure: (1) discussing the homework assignment; (2) games and exercises related to the day's theme; (3) children summarizing the session to their parents; and (4) explanation of next week's homework assignment. Parents were involved in the training through two 1-h parent sessions that explained theory of mind, the ToM-training, and how parents could help their children acquire these new skills and promote generalization.		A manualize d, weekly individual clinical based interventi on	ToM	Peabody Picture Vocabulary Test-III-NL (PPVT) Proximal Primary Outcome Measure: ToM Test Distal Primary Outcome Measure: ToM Behavior Checklist (ToMbc) Distal secondary Outcome Measure: Social Responsiveness Scale (SRS)	At posttest, children in the treatment condition had more ToM knowledge, showed fewer autistic features, and more ToM-related behavior than children in the control condition. Children who had one or two parents with at least a college degree, and children with parents not diagnosed with/suspected of having ASD themselves benefitted from the training.

## Appendix 11 - Summary of Findings in Social Cognition Domain

No	Author	Year	Design	Diagnosis/N/ Age/Sex		Inclusion/ Exclusion	Intervention		Implemen tation	Cognitive Target	Measures	Results
				Case	Control	Criteria	Case	Control	strategies	Sub- Category		
56	Feng, H.	2008	Single subject	An 11-year- old sixth- grade student with autism.		No	Training was conducted four times a week (i.e., Monday through Thursday), for 40 min each session, in the resource room. Each skill was initially trained one-on-one with Lang.		individual sessions	ToM	Test of Theory-of-Mind (TToM).	The results showed a functional relationship between the intervention and the participant's skill mastery. Specifically, the participant's appropriate social interactions increased substantially across time and settings with similar improvements i the ToM test scores. The participant's teachers, mother, and peers responded positively to the intervention, indicating their acceptance of the training procedures and outcomes.

Appendix 12 - Quality	Assessme	nt of Artic	les in So	cial Cognit	ion Doma	in												
o Z	2	3	4	5	9	∞	6	10	14	15	16	17	23	24	25	26	28	30
Author	Russo-Ponsaran, N. M.	Wong, C.	Chung, U. S.	Kaale, A.	Weiss, J. A.	Lacava, P. G.	Cheung, P. P. P.	Friedrich, E. V.	Thomson, K.	Ingersoll, B.	Hansen, S. G.	Matsuda, S	Schertz, H. H.	Liu, M. J.	Rudy, N. A.	Russo-Ponsaran, N. M.	Golan, O.	Silver, M.
Year	2014	2013	2016	2012	2018	2010	2018	2015	2015	2012	2018	2014	2013	2018	2014	2016	2010	2001
Main Category	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition
Sub-Category	Emotion recognition	Joint attention	Social cognition	Joint attention	Emotion Regulation	Emotion recognition	Social Cognition	Social interaction	Emotion Regulation	Focused Imitation	Joint attention	Emotion recognition	Joint attention	Tom	Joint attention	Emotion Recognition	Emotion recognition	Emotion Recognition
Design	Single subject	Randomized Clinical Trial	Randomized Clinical Trial	Randomized Clinical Trial	Randomized Clinical Trial	Single subject	Before-After	Before-After	Before-After	Randomized Clinical Trial	Single subject	Single subject	Randomized Clinical Trial	Randomized Clinical Trial	Single subject	Randomized Clinical Trial	Non- randomized	Randomized Clinical Trial
Are randomization procedures clearly detailed and justified?	NA	N	Yes	Yes	Yes	ΑN	0 Z	No	۸۸	Yes	No	0 Z	Yes	Yes	NA	yes	ON.	ni
Are intervention protocols standardized and manualized?	Yes	Z	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	o N	Yes	Yes	No	No	yes	Yes	ni

Appendix 12 - Quality Assessment of Articles in Social Cognition Domain the experimental and comparison Are there plans operationalize the delivery of fidelity and to monitor Yes Yes /es /es Yes /es /es Yes Yes yes Yes 9 Ē approaches state of the art and research question matched to the Are statistical appropriately ogand data Yes Yes Yes /es /es /es Yes /es Yes /es Ξ Ξ. confirmation Diagnosis Yes /es Yes Yes Yes potential predictors/ moderators assessed? Are Yes Yes Yes 2 Yes ٧ 9 N Ξ Z Ξ Z inclusion/ exclusion justified? criteria Yes Yes Yes Yes Yes Yes Yes Yes 9 Z Z Z Z Z targets linked to clinical status and functioning? Are cognitive Yes Yes Yes Yes Yes Yes Yes Yes Ves Yes

Appendix 12 - Quality Assessment of Articles in Social Cognition Domain perceptual/cognitive/affect Do the cognitive training characterize the disorder interventions match the and/or neural circuits ive processes that implicated? Yes Yes Yes Yes Yes Yes /es Yes yes Yes .= hypothesized supported by research and therapeutic mechanism theory? Is the Yes Ξ. Are potential predictors/m oderators of considered? outcomes Yes Yes Yes Yes 9 N 9 9 9 N provide for the elucidation of Do assessments mechanisms? intervention Yes Yes Yes Yes Yes yes Yes Yes 9 N Yes 9 N yes Yes 9 N 9 N 9 retention/comple assessed and tion rates reported? Yes Yes /es /es /es Yes /es /es Yes yes /es yes ¥  $\stackrel{\mathsf{A}}{\sim}$ ¥ .= cognitive/function al outcomes distinguishable from practice effects? Yes , es Yes Yes Yes /es Yes yes /es Yes 9 yes 9 N ٧ 9 N 9

Appendix 12 - Quality Assessment of Articles in Social Cognition Domain proximal and measures of more distal outcomes included? Are valid Yes Yes Yes Yes Yes /es Yes 9 9 00 .= Does the plan appropriate? at analysis as measures multiple levels of include Yes Yes  $\frac{9}{2}$ 9 9 9 9 9 9 9 intended as a monotherapy adjunct to school program concomitant treatments assessment and analysis Is cognitive training or as an adjunctive considered in the treatment? Are Monotherapy Ξ. cognitive training How might the interfere with potentiate or concomitant therapies Yes ΑN  $\stackrel{\mathsf{N}}{\mathsf{A}}$ ΑN  $\stackrel{\mathsf{N}}{\mathsf{A}}$ ٧ ΑN  $\stackrel{\mathsf{A}}{\sim}$  $\stackrel{\mathsf{N}}{\mathsf{A}}$ ΑN ٧  $\stackrel{\mathsf{A}}{\sim}$ ٨ Ν na Ξ conditions and/or Are concomitant treatments held constant across quantified and considered in treatment Yes ¥ ΑN Ϋ́  $\stackrel{\mathsf{A}}{\sim}$ ¥  $\stackrel{\mathsf{A}}{\sim}$ Α ₹ Α ₹ Ϋ́ ₹ ¥ Ϋ́ Z na development/testing? terms of the research question and stage of condition justified in Is the comparison intervention Yes Α Ϋ́ Ϋ́  $\stackrel{\mathsf{A}}{\sim}$ ¥ ¥  $\stackrel{\mathsf{A}}{\sim}$ ₹  $\preceq$ Ϋ́ ¥  $\stackrel{\mathsf{A}}{\sim}$ ₹ ¥ Na Z

Appendix 12 - Quality	Assessme	nt of Artic	les in So	cial Cogni	tion Doma	in												
Does the comparison condition control for attention, expectations, and potential practice effects associated with training/assessment	V.A	NA	Yes	NA	Ī	NA	AM	NA	NA	NA	NA	NA	NA	NA	NA	Na	NA	iu
Are all relevant stakeholders considered?	Yes	<b>∀</b> Z	No	N O	Ē	No	Yes	O N	Yes	0 Z	No	No	Yes	yes	O Z	O N	ΝΑ	ju
What are the implementation strategies?		School Based	online vs offline	school based program		Computer based training game	at school	individual face to face sessions	face to face/using Multimedia			Computer based training	parent education		Video modeling	web based	watching a DVD at home	n

Continuous																		
o N	32	34	35	36	37	38	41	42	44	47	49	50	51	52	56	58	59	61
Author	White, S. W.	Paynter, J.	Yoder, P.	Nye, C.	de Veld, D. M. J.	Charman, T.	van der Meer, L.	Soorya, L. V.	Rodgers, J. D.	Muzammal, M. S.	Williams, B. T.	Ratcliffe, B.	Whalen, C.	Chiengchan a, N.	Feng, H.	Gulsrud, A. C.	Gev, T.	Kandalaft, M. R.
Year	2018	2013	2008	2012	2017	2012	2014	2015	2015	2017	2012	2014	2006	2014	2008	2014	2017	2013
Main Category	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition	Social cognition
Sub-Category	Emotion recognition	ToM	Joint attention	Joint attention	ToM	Joint attention	Social cognition	Social Cognition	Emotion recognition	Joint attention	Emotion Recognition	Social emotional	Joint attention	Joint attention	ToM	Joint attention	Emotion recognition	social cognition
Design	Case-Control	NON- randomized clinical trial	Randomized Clinical Trial	Randomized Clinical Trial	Randomized Clinical Trial	Randomized Clinical Trial	Single subject	Randomized Clinical Trial	Randomized Clinical Trial	Single subject	Randomized Clinical Trial	Non- randomized clinical trial	Single subject	Single subject	Single subject	Randomized Clinical Trial	Randomized Clinical Trial	Before-After
Are randomization procedures clearly detailed and justified?	No	NA	yes	Yes	yes	Yes	٩	Yes	yes	O N	Yes	ON ON	ΑΝ	A N	No	Yes	yes	۷V

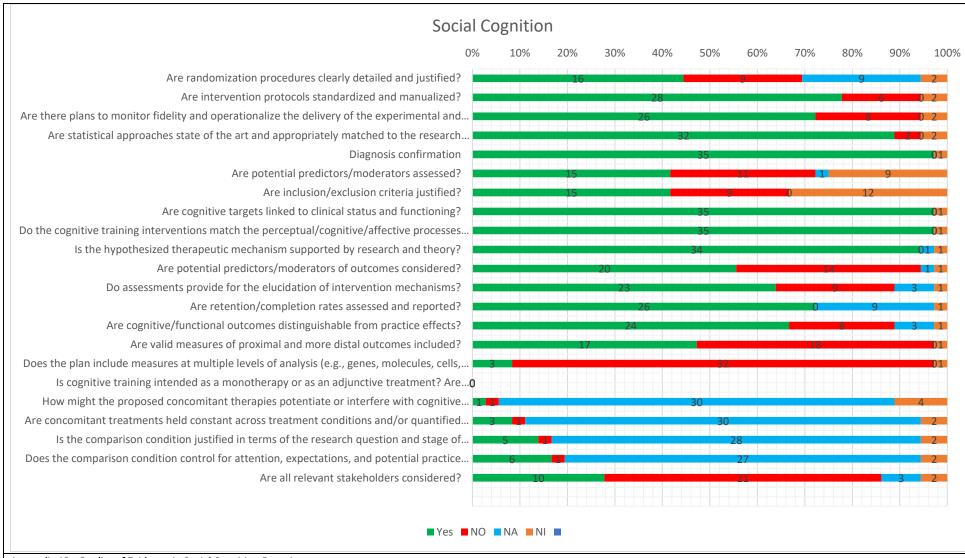
Continuous																		
Are intervention protocols standardized and manualized?	0 Z	Yes	ON	ON	Yes	yes	Yes											
Are there plans to monitor fidelity and operationalize the delivery of the experimental and comparison conditions?	° Z	Yes	°N	Yes	Yes	Yes	0 Z	O Z	Yes	yes	yes							
Are statistical approaches state of the art and appropriately matched to the research question and data	Yes	Yes	yes	Yes	yes	Yes	Yes	Yes	yes	Yes	Yes	Yes	Yes	Yes	No	Yes	yes	yes
Diagnosis confirmatio n	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Are potential predictors/moderat ors assessed?	Yes	Yes	N	Z	Yes	ĪZ	No	Yes	yes	No	yes	Yes	ON	No	No	ĪV	Yes	yes
Are inclusion/exclusio n criteria justified?	Yes	Ī	Ē	Yes	Yes	Z	Z	Yes	Yes	Yes	Yes	No	Z	O <sub>Z</sub>	ON	Z	No	No

Continuous																		
Are cognitive targets linked to clinical status and functioning?	yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	yes	yes
Do the cognitive training interventions match the perceptual/cognitive/affective processes that characterize the disorder and/or neural circuits	yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	yes
Is the hypothesized therapeutic mechanism supported by research and theory?	yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	yes	Yes	Yes	Yes	Yes	Yes	NA	Yes	yes	yes
Are potential predictors/moderator s of outcomes considered?	Yes	Yes	yes	Yes	yes	ΥN	N <sub>O</sub>	Yes	Yes	No	Yes	Yes	NO	O.V.	No	Yes	no	yes
Do assessments provide for the elucidation of intervention mechanisms?	ON	Yes	yes	Yes	yes	<b>∀</b> Z	Yes	Yes	No	Yes	Yes	Yes	Yes	<b>∀</b> Z	No	Yes	yes	Ϋ́ν

Continuous																		
Are retention/compl etion rates assessed and reported?	NA	Yes	yes	Yes	yes	Yes	ΝΑ	Yes	Yes	N A	Yes	Yes	NA	NA	NA	Yes	yes	yes
Are cognitive/functional outcomes distinguishable from practice effects?	ON	Yes	yes	Yes	yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	NA	ON O	Yes	no	NA
Are valid measures of proximal and more distal outcomes included?	ON	Yes	yes	Yes	yes	Yes	No	Yes	No	No	Yes	Yes	No	No	No	Yes	ou	no
Does the plan include measures at multiple levels of analysis as appropriate?	ON	Yes	No	No	Ю	No	No	NO	01	No	No	No	No	No	No	No	no	no
Is cognitive training intended as a monotherapy or as an adjunctive treatment? Are concomitant treatments considered in the assessment and analysis plan?	Monotherapy	Monotherapy	Monotherapy	Adjunctive	Monotherapy	Adjunctive to school program	Monotherapy	Monotherapy	Monotherapy	Monotherapy	monotherapy	Monotherapy						

Continuous																		
How might the proposed concomitant therapies potentiate or interfere with cognitive training effects?	NA	NA	NA	Z	NA	NA	NA	NA	NA	NA	NA	Z	NA	NA	NA	Na	no	NA
Are concomitant treatments held constant across treatment conditions and/or quantified and considered	NA	NA	NA	Yes	NA	NA	NA	NA	NA	NA	NA	Yes	NA	NA	NA	NA	ПО	NA
Is the comparison condition justified in terms of the research question and stage of intervention development/testing?	NA	NA	₹Z	Yes	NA	NA	NA	Yes	ΝΑ	NA	Yes	Yes	NA	N.A.	NA	NA	по	NA
Does the comparison condition control for attention, expectations, and potential practice effects associated with training/assessment protocols, as	Yes	NA	AA	Yes	a Z	ΛΑ	V.A.	Yes	٧٧	a Z	Yes	Yes	NA	V.A.	ΛΑ	ΑΛ	Ou	٧V

Continuous																		
Are all relevant stakeholders considered?	yes	ON O	A A	O N	Yes	0 N	O N	Yes	0 N	O Z	0 N	Yes	0 Z	O Z	O Z	O Z	yes	0 Z
What are the implementation strategies?	Face to face individual training sessions using	individual training sessions	Individual sessions		Individual clinical based	Individual sessions	using iPad	Group based	group based psychosocial intervention	Individual Sessions	watching a DVD	group school based		individual sessions	individual sessions		computer based	computer based



Appendix 13 - Quality of Evidence in Social Cognition Domain

Appe	ndix 14 - Description of In	cluded and	Excluded Studies	
No	First Author	Year	Title	Included/Excluded (reason)
1	Leanne Chukoskie	2018	A Novel Approach to Training Attention and Gaze in ASD: A Feasibility and Efficacy Pilot Study	Included
2	Nicole M. Russo- Ponsaran	2014	A Pilot Study Assessing the Feasibility of a Facial Emotion Training Paradigm for School-Age Children with Autism Spectrum Disorders	Included
3	Connie S Wong	2013	A play and joint attention intervention for teachers of young children with autism: A randomized controlled pilot study	Included
4	Un-sun chung		a prosocial online game for social cognition training in adolescents with high-functioning autism: an fMri study	Included
5	Anett Kaale	2012	A randomized controlled trial of preschool-based joint attention intervention for children with autism	Included
6	Jonathan A. Weiss	2018	A randomized waitlist-controlled trial of cognitive	Included
7	Sander M. Weckstein	2017	A Retrospective Chart Analysis with Follow-Up of Cogmed Working Memory Training in Children and Adolescents with Autism Spectrum Disorder	Included
8	Paul G. Lacava	2010	A single case design evaluation of a software and tutor intervention addressing emotion recognition and social interaction in four boys with ASD	Included
9	Phoebe PP Cheung	2017	A social-cognitive intervention program for adolescents with autism: A pilot study	Included
10	Elisabeth V. C. Friedrich	2015	An Effective Neurofeedback Intervention to Improve Social Interactions in Children with Autism Spectrum Disorder	Included
11	Sophie Goldingay	2013	An intervention to improve social participation for adolescents with autism spectrum disorder: Pilot study	Included
12	Kerns, K. A.	2017	Attention and working memory training: A feasibility study in children with neurodevelopmental disorders	Included
13	Spaniol, M. M.	2018	Attention Training in Autism as a Potential Approach to Improving Academic Performance: A School-Based Pilot Study	Included
14	Kendra Thomson	2015	Brief Report of Preliminary Outcomes of an Emotion Regulation Intervention for Children with Autism Spectrum Disorder	Included
15	Brooke Ingersoll	2012	Brief Report: Effect of a focused imitation intervention on social functioning in children with autism	Included
16	Sarah G. Hansen	2018	Caregiver-mediated joint attention intervention	Included
17	Matsuda, S	2014	Computer-based intervention for inferring facial expressions from the socio-emotional context in two children with autism spectrum disorders	Included
18	Songpoom Benyakorn	2018	Computerized Cognitive Training in Children with Autism and Intellectual Disabilities: Feasibility and Satisfaction Study	Included
19	Sara Naderi	2014	Dohsa training and Theory of Mind in High Functioning Autistic Children	Not Cognitive Based Intervention
20	Majid Naeeimi	2013	Effectiveness of Audiovisual Stimulation on Executive function in Children with High-functioning Autism	Included
21	Sun, I.	2017	Effects of executive function stimulation in the language improvement of children with ASD	Included
22	Claudia List Hilton	2014	Effects of Exergaming on Executive Function and Motor Skills in Children With Autism Spectrum Disorder: A Pilot Study	Included
23	Hannah H. Schertz	2013	Effects of Joint Attention Mediated Learning for toddlers with autism spectrum disorders: An initial randomized controlled study	Included
24	Meng-Jung Liu	2018	Effects of theory of mind performance	Included
25	Nikki A. Rudy	2014	Effects of Video Modeling on Teaching Bids for Joint Attention to Children with Autism	Included
26	Nicole M. Russo- Ponsaran	2016	Efficacy of a Facial Emotion Training Program for Children and Adolescents with Autism Spectrum Disorders	Included
27	Estate M. Sokhadze	2016	Electrophysiological and Behavioral Outcomes of Berard Auditory Integration Training (AIT) in Children with Autism Spectrum Disorder	Included

Appendix 14 - Description of Included and Excluded Studies	

No	First Author	Year	Title	Included/Excluded (reason)
28	Ofer Golan	2010	Enhancing Emotion Recognition in Children with Autism Spectrum Conditions: An Intervention Using Animated Vehicles with Real Emotional Faces	Included
29	Hesham Kozou	2018	Evaluation and remediation of central auditory processing disorders	Included
30	MIRIAM SILVER	2001	Evaluation of a new computer intervention to teach people with autism or Asperger syndrome to recognize and predict emotions in others	Included
31	de Vries, M.	2018	Exploring possible predictors and moderators of an executive function training for children with an autism spectrum disorder	Included
32	Susan W. White	2018	feasibility of automated	Included
33	Georgina Powell	2016	First evidence of the feasibility of gaze-contingent attention training for school children with autism	Included
34	Jessica Paynter	2013	Further evidence of benefits of thought-bubble training for theory of mind development in children with autism spectrum disorders	Included
35	Paul Yoder	2008	Initiating joint-attention treatment facilitates later expressive language development, particularly in initially low-verbal children with autism spectrum disorder	Included
36	Chad Nye	2012	Joint attention training shows significant improvement for children with autism	Included
37	Danielle M. J. de Veld	2017	Moderating Effects of Parental Characteristics on the Effectiveness of a Theory of Mind Training for Children with Autism	Included
38	Tony Charman	2012	Modest size RCT indicates that short- term joint attention and symbolic play intervention improves shared positive affect in social interactions for preschool children with autism	Included
39	Mirjam E.J. Kouijzer	2009	Neurofeedback treatment in autism. Preliminary findings in behavioral, cognitive, and neurophysiological functioning	Included
40	Hajri, M.	2017	Place of cognitive remediation therapy in the management of autism spectrum disorder	Included
41	Larah van der Meer	2014	Preference-Enhanced Communication Intervention and Development of Social Communicative Functions in a Child with Autism Spectrum Disorder	Included
42	Latha V. Soorya	2015	Randomized Comparative Trial of a Social Cognitive Skills Group for Children With Autism Spectrum Disorder	Included
43	Lauren Kenworthy	2014	Randomized controlled effectiveness trial of executive function intervention for children on the autism spectrum	Included
44	Jonathan D. Rodgers	2014	RCT of a Psychosocial Treatment for Children with High-Functioning ASD: Supplemental Analyses of Treatment Effects on Facial Emotion Encoding	Included
45	oshiyuki Tachibana	2013	Reading aloud improves executive function of children with autism spectrum disorder: a pilot randomized controlled trial	Not Cognitive Based Intervention
46	María Vélez-Coto	2017	SIGUEME: Technology-based intervention for low-functioning autism to train skills to work with visual signifiers and concepts	Included
47	Muzammal, M. S.	2017	Social-Communication Intervention for Toddlers with Autism Spectrum Disorder: Effects on Initiating Joint Attention and Interactions with Mother	Included
48	Ingrid Ya I. Sun	2017	Stimulation of Executive Functions as Part of the Language Intervention Process in Children with Autism Spectrum Disorder	Included
49	Beth T. Williams	2012	Teaching emotion recognition skills to young children with autism: a randomised controlled trial of an emotion training programme	Included
50	Ratcliffe, B	2014	Teaching social-emotional skills to school-aged children with Autism Spectrum Disorder: A treatment versus control trial in 41 mainstream schools	Included
51	Christina Whalen	2006	The Collateral Effects of Joint Attention Training on Social Initiations, Positive Affect, Imitation, and Spontaneous Speech for Young Children with Autism	Included
52	Natee Chiengchana	2014	The effect of Kodály-based music experiences on joint attention in children with autism spectrum disorder	Included
53	Varvara Pasiali	2014	The Effect of Musical Attention Control Training (MACT) on Attention Skills of Adolescents with Neurodevelopmental Delays: A Pilot Study	Included

Appendix 14 - Description of Included and Excluded Studies

No	First Author	Year	Title	Included/Excluded (reason)
54	Javad Afshari	2012	The effect of perceptual-motor training on attention in the children with autism spectrum disorders	Included
55	Bryan Gee	2014	The effectiveness of auditory stimulation in children with autism spectrum disorders: A case–control study	Included
57	Acero-Ferrero, M.	2017	Transferring learning to everyday life in autism spectrum disorder through an Executive Functions training programme	Included
58	Amanda C. Gulsrud	2014	Two to ten years: Developmental trajectories of joint attention in children with ASD who received targeted social communication interventions	Included
59	Tali Gev	2017	Unique effects of The Transporters animated series and of parental support on emotion recognition skills of children with ASD	Included
50	Michelle Wang	2013	Using the Virtual Reality-Cognitive Rehabilitation Approach to Improve Contextual Processing in Children with Autism	Included
51	Michelle R. Kandalaft	2012	Virtual Reality Social Cognition Training for Young Adults with High-Functioning Autism	Included
62	Marieke de Vries	2014	Working memory and cognitive flexibility-training for children with an autism spectrum disorder:  A randomized controlled trial	Included
63	Catherine Y. Wan	2011	Auditory-Motor Mapping Training as an Intervention to Facilitate Speech Output in Non-Verbal Children with Autism: A Proof of Concept Study	Non interventional
54	Zheng, Z.	2017	Design of an Autonomous Social Orienting Training System (ASOTS) for Young Children with Autism	Non interventional
55	CONNIE KASARI,	2001	Early Intervention in Autism: Joint Attention and Symbolic Play	Non interventional
66	W. X. Chmielewski	2016	Effects of multisensory integration processes on response inhibition in adolescent autism spectrum disorder	Non interventional
57	Winoto, P.	2016	I will Help You Pass the Puzzle Piece to Your Partner if This is What You Want Me to: The Design of Collaborative Puzzle Games to Train Chinese Children with Autism Spectrum Disorder Joint Attention Skills	Non interventional
68	Elske Hoddenbach	2012	Individual differences in the efficacy of a short theory of mind intervention for children with autism spectrum disorder: a randomized controlled trial	Non interventional
69	Anonaymous	2017	Technology-based interventions	Non interventional
70	Fatima A. Boujarwah	2010	Training Social Problem Solving Skills in Adolescents with High-Functioning Autism	Non interventional
71	Matsumoto, S.	2016	Visual Effect on the Odor Identification Ability of Children with Autism Spectrum Disorder	Non interventional
72	Carlos Duarte	2014	Welcoming Gesture Recognition into Autism Therapy	Non interventional
73	LINDSAY M. LUTON	2011	A pilot study evaluating an abbreviated version of the cognitive remediation programme for youth with neurocognitive deficit	Not ASD cases
74	Richard, E.	2007	Augmented reality for rehabilitation of cognitive disabled children: A preliminary study	Not ASD cases
75	Heather L. Dankert,	2003	Occupational Therapy Effects on Visual-Motor Skills in Preschool Children	Not ASD cases
76	Susan R. McGurk	2008	Response to Cognitive Rehabilitation in Older Versus Younger Persons with Severe Mental Illness	Not ASD cases
77	Tia R. Schultz	2012	Social Competence Intervention for Parents (SCI-P): Comparing Outcomes for a Parent Education Program Targeting Adolescents with ASD	Not ASD cases
78	Yi-Nan Chen	2013	The effectiveness of multimedia visual perceptual training groups for the preschool children with developmental delay	Not ASD cases
79	Agnes S. Chan	2012	A Chan Dietary Intervention Enhances Executive Functions and Anterior Cingulate Activity in Autism Spectrum Disorders:	Not Cognitive Based
		_	A Randomized Controlled Trial	Intervention
30	Neri L. Romero	2017	A Pilot Study Examining a Computer-Based Intervention to Improve Recognition and Understanding of Emotions in	Not Cognitive Based
		000-	Young Children with Communication and Social Deficits	Intervention
31	Naomi Fisher	2005	A Training Study of Theory of Mind and Executive Function in Children with Autistic Spectrum Disorders	Not Cognitive Based
		2015		Intervention
32	Anonaymous	2015	An Intervention for Sensory Processing Difficulties in Children with Autism	Not Cognitive Based
	14 )4 61	2047		Intervention
83	Karen V. Chenausky	2017	Auditory-Motor Mapping Training in a More Verbal Child with Autism	Not Cognitive Based
				Intervention

No	First Author	Year	Title	Included/Excluded (reason)
84	Crooke, P. J.	2008	Brief Report: measuring the effectiveness of teaching social thinking to children with Asperger syndrome (AS) and High Functioning Autism (HFA)	Not Cognitive Based Intervention
35	Cristina de Andrade Varanda	2017	Cognitive flexibility training intervention among children with autism: a longitudinal study	Not Cognitive Based Intervention
36	Frank H Duffy	2014	Corticosteroid therapy in regressive autism: a retrospective study of effects on the Frequency Modulated Auditory Evoked Response (FMAER), language, and behavior	Not Cognitive Based Intervention
7	Agnes S. Chan	2011	Dejian Mind-Body Intervention Improves the Cognitive Functions of a Child with Autism	Not Cognitive Based Intervention
8	Bebko, J. M.	(study1)20 17	Effectiveness and Retention of Teaching Memory Strategy Use to Children With Autism Spectrum Disorder	Not Cognitive Based Intervention
9	MARIE L. ROCHA	2007	Effectiveness of Training Parents to Teach Joint Attention in Children With Autism	Not Cognitive Based Intervention
0	Deriso, D.	2012	Emotion mirror: A novel intervention for autism based on real-time expression recognition	Not Cognitive Based Intervention
1	Shadan Golestan	2017	Feasibility of Using Sphero in Rehabilitation of Children with Autism in Social and Communication Skills	Not Cognitive Based Intervention
2	Nozomi Naoi	2008	Functional training for initiating joint attention in children with autism	Not Cognitive Based Intervention
3	hannah Schertz	2006	Interventions for Toddlers With Autism: Building on the Parent-Child Relationship to Promote Joint Attention	Not Cognitive Based Intervention
4	Rao, V. S.	2014	Joint attention routines in intervention for children with autism spectrum disorders	Not Cognitive Based Intervention
5	Christina Whalen	2003	Joint attention training for children with autism using behavior modification procedures	Not Cognitive Based Intervention
6	Whalen, C.	2003	Joint attention training for children with autism using behavior modification procedures	Not Cognitive Based Intervention
7	Connie Kasari	2008	Language Outcome in Autism: Randomized Comparison of Joint Attention and Play Interventions	Not Cognitive Based Intervention
8	Connie Kasari	2012	Longitudinal Follow Up of Children with Autism Receiving Targeted Interventions on Joint Attention and Play RH = Targeted Interventions on Joint Attention and Play	Not Cognitive Based Intervention
9	Sokhadze, G.	2013	Modulatory Effects of Ambient Prism Lenses on Spatial Attention in Autism	Not Cognitive Based Intervention
00	Eduardo Quintana	2012	Object and gesture recognition to assist children with autism during the discrimination training	Not Cognitive Based Intervention
01	Tony Gentry	2010	Personal digital assistants as cognitive aids for high school students with autism: Results of a community-based trial	Not Cognitive Based Intervention
02	Parvaneh haddadi	2011	Rehabilitation in Autism Spectrum Disorder (ASD): a mixture of neurofeedback training and Auditory Integration Training (AIT)	Not Cognitive Based Intervention
03	Gundersen, K. K.	2016	Social perception training as a strategy for achieving better social understanding in young children with autism	Not Cognitive Based Intervention
04	Krstovska-Guerrero,	2016	Social-Communication Intervention for Toddlers with Autism Spectrum Disorder: Eye Gaze in the Context of Requesting and Joint Attention	Not Cognitive Based Intervention
.05	Lawton, K	2012	Teacher-Implemented Joint Attention Intervention: Pilot Randomized Controlled Study for Preschoolers with Autism	Not Cognitive Based Intervention

No	First Author	Year	Title	Included/Excluded (reason)
106	Supawadee Cindy Lee	2013	The Effect of Computer-Based Intervention on Enhancing Visual Perception of Preschool Children with Autism: A Single-Subject Design Study	Not Cognitive Based Intervention
.07	Lauren A. Kryzak	2015	The Effect of Prompts within Embedded Circumscribed Interests to Teach Initiating Joint Attention in Children with Autism Spectrum Disorders	Not Cognitive Based Intervention
08	Zeinab Shams Aliee	2013	The Effectiveness of Managing Split Attention Among Autistic Children using Computer Based Intervention	Not Cognitive Based Intervention
.09	Sokhadze, E. M	2014	The Effects of Auditory Integration Training (AIT) on Mismatch Negativity in Children with Autism	Not Cognitive Based Intervention
.10	Monireh JALILI MA	2014	The Effects of Imitative Vs. Cognitive Methods on The Speech Development of Children with Autism	Not Cognitive Based Intervention
111	Begeer, S.	2011	Theory of Mind Training in Children with Autism: A Randomized Controlled Trial	Not Cognitive Based Intervention
.12	Zhang, X. M	2013	Theory of Mind Training Method Applied to Autism	Not Cognitive Based Intervention
.13	Stieben, J.	2012	TREATMENT RELATED CHANGES IN CORTICAL CONNECTIVITY IN FACE/EMOTION PROCESSING WITH PRESCHOOL AGE CHILDREN WITH AUTISM	Not Cognitive Based Intervention
14	Mourning, R.	2016	Virtual Reality Social Training for Adolescents with High-Functioning Autism	Not Cognitive Based Intervention
L15	Kirst, S.	2015	Zirkus Empathico: A mobile application for the training of socio-emotional competencies in children with autism spectrum disorder	Not Cognitive Based Intervention
L16	Danielle L. LaFrance	2015	A CASE STUDY ON THE USE OF AUDITORY INTEGRATION TRAINING AS A TREATMENT FOR STEREOTYPY	Not Cognitive Domai
17	oliver c.mudford	2000	Auditory integration training for children with autism: no behavioral benefits detected	Not Cognitive Domai
18	Mudford, O. C.	2000	Auditory integration training for children with autism: No behavioral benefits detected	Not Cognitive Domai
.19	Edelson, S. M	1999	Auditory integration training: A double-blind study of behavioral and electrophysiological effects in people with autism	Not Cognitive Domai
120	Nicole M Russo	2010	Biological changes in auditory function following training in children with autism spectrum disorders	Not Cognitive Domai
L21	Van der Paelt, S.	2016	Effect of community interventions on social-communicative abilities of preschoolers with autism spectrum disorder	Not Cognitive Domai
L22	Hajri, M.	2015	Effects of cognitive remediation therapy on school results in children with autism spectrum disorder	Not Cognitive Domai
123	Bryan M. Gee	2013	Efficacy of a Sound-based Intervention with a Child with an Autism Spectrum Disorder and Auditory Sensory Over- responsivity	Not Cognitive Domai
L24	Shanon Phelan	2009	Exploring a cognitive intervention for children with pervasive developmental disorder	Not Cognitive Domai
L25	Heidi J. Eilers	2015	Exposure and response prevention therapy with cognitive diffusion exercises to reduce repetitive and restrictive behaviors displayed by children with autism spectrum	Not Cognitive Domai
L26	Heather L. Dankert	2003	Occupational Therapy Effects on Visual-Motor Skills in Preschool Children	Not Cognitive Domai
27	PAIGE M. WEINGER	2011	Remediation of Deficits in Recognition of Facial Emotions in Children with Autism Spectrum Disorders	Not Cognitive Domai
.28	Hsiao Yun Chin	2000	Teaching Conversational Skills to Children with Autism:  Effect on the Development of a Theory of Mind	Not Cognitive Domai
L29	Hsiao Yun Chin	2000	Teaching Conversational Skills to Children with Autism: Effect on the Development of a Theory of Mind	Not Cognitive Domai
L30	Edgington, L.	2016	The design and implementation of a CBT-based intervention for sensory processing difficulties in adolescents on the autism spectrum	Not Cognitive Domai
131	Donald E. P. Smith	1981	The Effects of Improved Auditory Feedback on the Verbalizations of an Autistic Child	Not Cognitive Domai

No	First Author	Year	Title	Included/Excluded (reason)
132	Villanueva-Bonilla, C.	2016	Effects of a 'theory of mind' cognitive development pilot programme in three children with autism: emotional component	Not English
133	María-Ángeles Bravo- Álvarez	2016	Entrenamiento para la mejora de disfunciones atencionales en niños y adolescentes con Síndrome de Asperger a través de estimulación cognitiva directa	Not English
134	Zoerner, D.	2017	IT-aided training of socio-emotional cognition for people with autism	Not Found
L34 L35	Gunji, A.	2017	Auditory feedback in children with autism: A reduced Lombard effect	Not Found  Not Cognitive Domain
136	Bernard Rimland	1995	Brief Report: A Pilot Study of Auditory Integration Training in Autism	Not Cognitive Domain
137	Gevers, C.	2006	Brief report: A theory-of-mind-based social-cognition training program for school-aged children with pervasive developmental disorders: An open study of its effectiveness	Not Found
138	Banerjee, M.	2016	Can the Theory of Mind of Children with High Functioning Autism be Improved by Intervention? : An Experimental Approach	Not Found
139	Xu, Y	2013	Case Study on Training of Theory of Mind of Autistic Children	Not Found
140	Rua, M. O.	2017	Development of semantic memory ability through the training of related networks in students with autism spectrum disorder	Not Cognitive Based Intervention
141	Banerjee, M.	2008	Effect of affective stimulation on cognitive-affective impairments of autism	Not Cognitive Domair
L42	Nagai, Y.	2016	Effect of Intervention on Joint Attention Strategies used by Mothers of Preschoolers with Autism Spectrum Disorders	Not Cognitive Based Intervention
L43	Donald E. P.	1985	Effect of Using an Auditory Trainer on the Attentional,	Not Cognitive Based
			Language, and Social Behaviors of Autistic Children	Intervention
L44	Baltruschat, L.	2011	Further analysis of the effects of positive reinforcement on working memory in children with autism	Not Cognitive Based Intervention
L45	Moutier, S.	2015	Improving executive function skills in children with autism spectrum disorder: The example of a new executive training protocol based on Learn Enjoy digital apps	Not Found
146	Cheng, Y.	2010	Improving social understanding of individuals of intellectual and developmental disabilities through a 3D-facail expression intervention program	Not Found
147	Beglinger, L. B.	2001	Information processing ability in children with autism receiving behavioral treatment	Not Cognitive Based Intervention
L48	Wang, Y.	2016	Intervention of emotion recognition for children with high-functioning autism: A case study	Not Found
149	Charman, T.	2007	Interventions targeting joint attention and symbolic play can improve aspects of these skills in young children with autism	Not Found
L50	MacSween, J.	2015	Investigating the efficacy of computerized cognitive intervention for children with FASD and ASD	Not Found
151	Johnston, S. S.	2007	Joint attention intervention shows promising positive outcomes for young children with autism	Not Found
L52	Li, C. S.	2016	Metaphor processing defects and intervention in High-functioning autism	Not Found
.53	Wagle, S.	2018	Mobile-based working memory training as a potential therapy for Autism Spectrum Disorder	Not Found
.54	Jones, E. A.	2006	Multiple Effects of Joint Attention Intervention for Children with Autism	Not Found
.55	Long, R.	2008	Rob Long's intervention toolbox: For social, emotional and behavioural difficulties	Not Found
L56	Myung, J.	2016	The Effects of Neurofeedback Training on Social Communication in the Child with Autism Spectrum Disorder: A Case Study	Not Cognitive Domain
157	Jane A. Summers	1994	The Effects of Subject-Performed Tasks on the Memory Performance of Verbal Autistic Children	Not Cognitive Based Intervention
158	Hua Feng	2008	The Effects of Theory-of-Mind and Social Skill Training on the Social Competence of a Sixth-Grade Student with Autism	Not Found

Apper	Appendix 14 - Description of Included and Excluded Studies				
No	First Author	Year	Title	Included/Excluded (reason)	
159	Leew, S. V.	2010	Weighted vests' effect on social attention for toddlers with Autism Spectrum Disorders	Not Cognitive Based	
				Intervention	
160	Kiser, R. M. B.	2013	Implications of Auditory ERP Outcomes for Auditory Integration Training in Autism	Not Cognitive Based Intervention	
161	Iakimova, G.	2013	Can a Training with Video Game of Social Cognition Enhance Neurocognitive Processes of Emotional Perception in	Not Cognitive Based	
101	lakilliova, G.	2013	Autism Spectrum? Insights of Event-Related Potentials	Intervention	
162	Hetzroni, O.	2013	Effectiveness of computer-based simulations on learning of social and communication skills by children with ASD	Not Cognitive Based	
102	netzioiii, O.	2013	Effectiveness of computer-based simulations of featiling of social and communication skills by children with ASD	Intervention	
163	Glod, M	2013	Teaching emotion recognition skills to young children with autism: A randomised controlled trial of an emotion training	Not Cognitive Based	
103	Glod, IVI	2013		_	
1.0.4	Calitala D	2012	programme A computational simulation tool for training autistic reasoning about mental attitudes	Intervention	
164	Galitsky, B	2013	A computational simulation tool for training autistic reasoning about mental attitudes	Not Cognitive Based Intervention	
1.00	Anton Ashcroft	1000	A black of standard and accuracy the learning disabilities	On adult sample	
165		1999	A theory of mind and people with learning disabilities		
166	Sven Bo"lte	2006	Facial Affect Recognition Training in Autism: Can We Animate the Fusiform Gyrus?	On adult sample	
56	Maki Miyajima	2016	The effects of cognitive remediation therapy using the frontal/ executive program for autism spectrum disorder	On adult sample	
167	Naomi Fisher	2005	A Training Study of Theory of Mind and Executive Function in Children with Autistic Spectrum Disorders	Repetitive	
168	Amanda C. Gulsrud	2007	Children with autism's response to novel stimuli while participating in interventions targeting joint attention or symbolic play skills	Repetitive	
169	Nikki A. Rudy	2014	Effects of Video Modeling on Teaching Bids for Joint Attention to Children with Autism	Repetitive	
170	Kasari, C.	2007	Joint attention and symbolic play in young children with autism: a randomized controlled intervention study	Repetitive	
171	Christina Whalen	2003	Joint attention training for children with autism using behavior modification procedures	Repetitive	
172	Hua Feng	2008	The Effects of Theory-of-Mind and Social Skill Training on the Social Competence of a Sixth-Grade Student with Autism	Repetitive	
173	Bebko, J. M.	(study2)		Repetitive	
174	Chia-Jung Hsu MA OT	2013	Assessment and Intervention Protocol for Improving Figure-Copying Competence of Children with Autism Spectrum Disorder with Weak Central Coherence	Review article	
175	American Academy of Pediatrics	1998	Auditory Integration Training and Facilitated Communication for Autism	Review article	
176	Anna Robinson	2018	Emotion-Focused Therapy for Autism Spectrum Disorder	Review article	
177	Anna Robinson	2017	Emotion-Focused Therapy for Clients with Autistic Process	Review article	
178	Vidya Bhagat	2017	Emotional Regulation in Autism Spectrum Disorders: A New Proposed Model for Regulating Emotions through Parent Education	Review article	
179	Reichle, J.	2018	Explicit joint attention interventions for young children with autism spectrum disorders are successful: But determining a specific strategy requires further evidence	Review article	
180	Elizabeth Hurt	2014	Quantitative EEG Neurofeedback for the Treatment of Pediatric Attention Deficit/Hyperactivity Disorder, Autism Spectrum Disorders, Learning Disorders, and Epilepsy	Review article	
181	Sander Begeer	2015	Theory of mind interventions can be effective in treating autism, although long-term success remains unproven	Review article	
182	Carlos Duarte	2014	Welcoming Gesture Recognition into Autism Therapy	Review article	
183	Catherine Marraffa		Social communication in autism spectrum disorder not improved by Theory of Mind interventions	Review article	

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- 2) Baio, J., et al., *Prevalence of autism spectrum disorder among children aged 8 years—autism and developmental disabilities monitoring network, 11 sites, United States, 2014.* MMWR Surveillance Summaries, 2018. **67**(6): p. 1-
- 3) Brunsdon, V.E., et al., *Exploring the cognitive features in children with autism spectrum disorder, their co-twins, and typically developing children within a population-based sample*. Journal of Child Psychology and Psychiatry, 2015. **56**(8): p. 893-902.
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